



**Patient History Form**  
(To be filled in by the practitioner)

Name .....Date.....

1. How many hours do you work on computer at a stretch?

2. What type of work do you do?

- Word Processing
- Programming
- Data entry
- Internet
- Games & Hobbies
- Others.....

3. Where is the top of the screen located?

- Above your straight ahead eye level.
- At eye level
- Below your eye level.

4. What is the distance from

- your eyes to the screen.....
- your eyes to the keyboard.....
- your eyes to the source document.....

5. Where is the computer monitor located

- directly in front of you.
- to your right
- to your left

6. Where is your source document located

- directly in front of you.
- to your right
- to your left

7. What type of monitor and font size do you normally use?

8. How do your eyes feel after working on computer?

9. How is the lighting arrangement in and around the computer workstation?

10. Are you on any sort of medication?

11. Do you use any specific glasses while working on computer?

12. Any other medical history