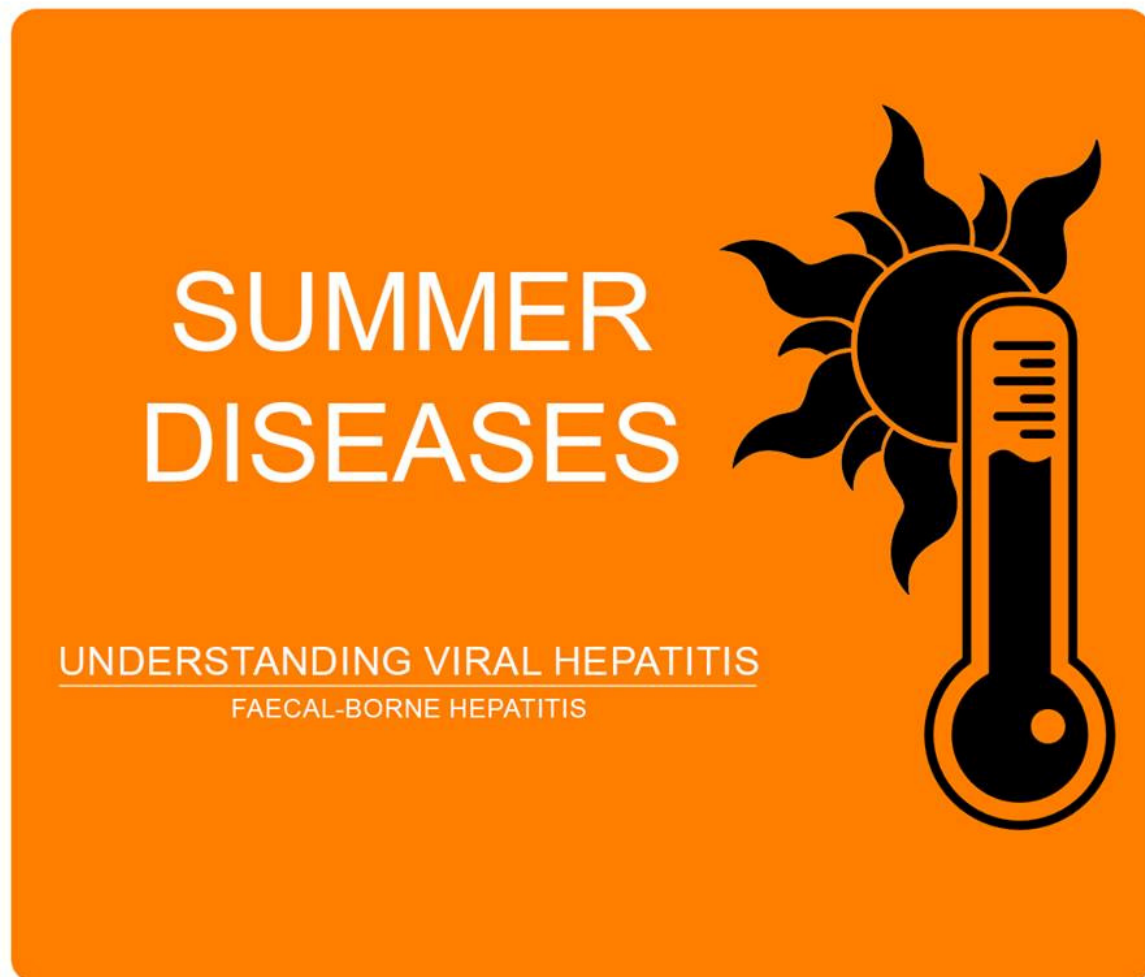


Understanding Viral Hepatitis Faecal Borne Hepatitis



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Viral hepatitis is transmitted by food or water contaminated by faecal material. It is a serious inflammatory disease of the liver that is associated with poor sanitation. Two different viruses are commonly associated with faecal-borne hepatitis: hepatitis A virus (HAV) and hepatitis E virus (HEV).

What are the symptoms of Viral Hepatitis?

Symptoms include:

- Jaundice, which causes a yellowing of the skin and eyes
- Fatigue
- Abdominal pain
- Loss of appetite
- Nausea
- Vomiting

In the following posts I will speak about Hepatitis A & Hepatitis E. It is every important for you to be aware and prepared to prevent and combat the diseases.