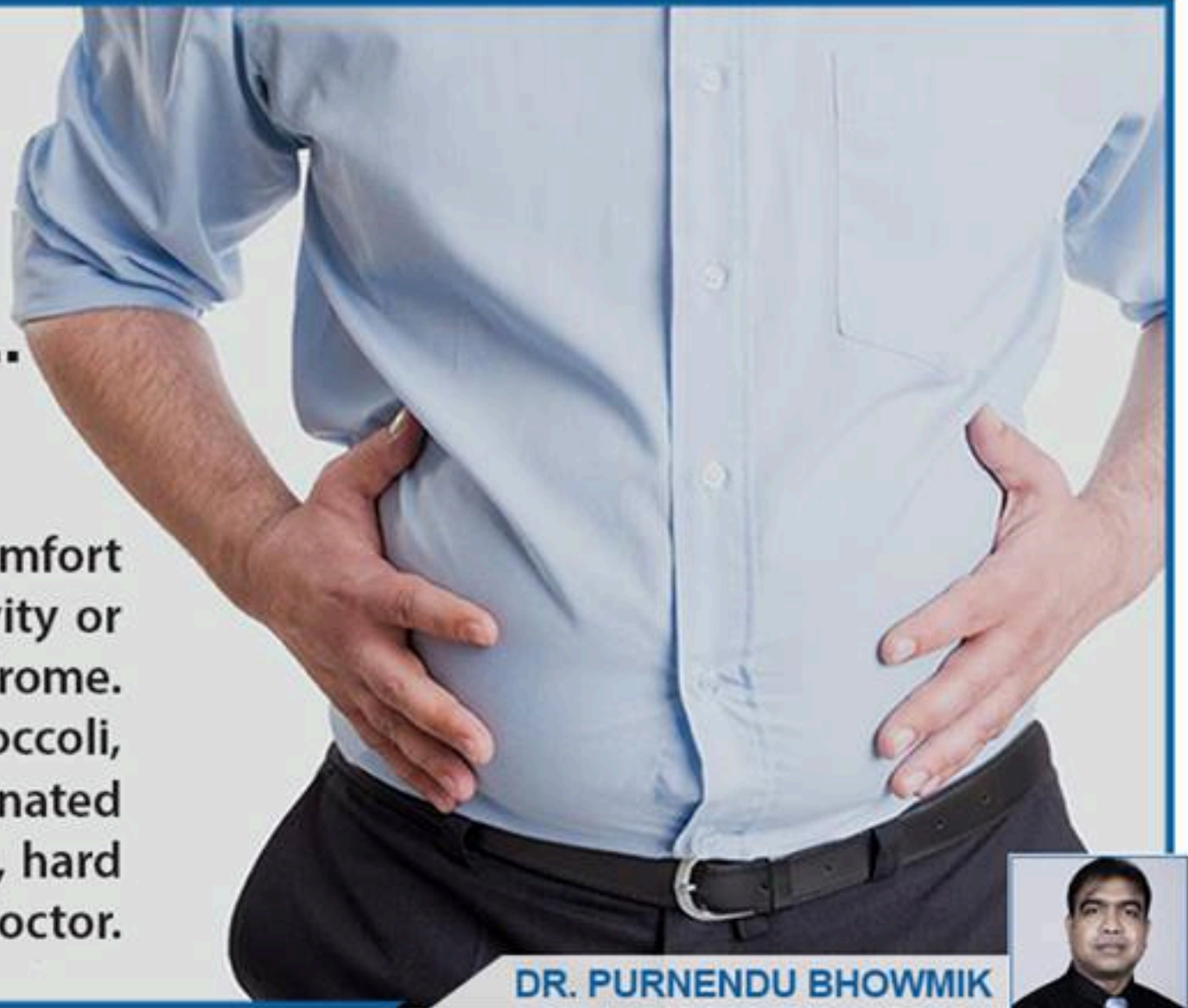


I feel gassy & bloated... What should I do?

Abdominal bloating and discomfort may be due to intestinal sensitivity or symptoms of irritable bowel syndrome. To relieve symptoms, avoid broccoli, baked beans, cabbage, carbonated drinks, cauliflower, chewing gum, hard candy. If problem persists visit a doctor.



DR. PURNENDU BHOWMIK
GI & LAPAROSCOPIC SURGEON

