



FIRST ANNOUNCEMENT

**42nd Annual Conference of
Indian Psychiatric Society Eastern Zonal Branch
(CEZIPS 2016)
16th, 17th, 18th September, 2016**

Organized by
**Indian Psychiatric Society,
West Bengal State Branch**

at
Sinclairs Retreat Kalimpong



THEME : Serious Mental Disorders - The Neuro Developmental Connect

Invitation

It is a matter of great pleasure that the CEZIPS – 2016, the Annual Conference of Indian Psychiatric Society (IPS) – Eastern Zonal Branch, is being organized at the picturesque venue of Kalimpong in West Bengal by the IPS – West Bengal branch.



West Bengal branch is one the most vibrant branch of the IPS and has always been at the forefront in organizing the academic events. It has provided many of the stalwarts at the national level, who have served the Society in tremendous manner. I am sure that the Conference organized by the organizing team led by Dr. Prabir Paul and Dr. Nirmal Bera would be a great success.

Recent researches in Psychiatry have unfolded neuro-developmental connect in serious mental disorders, which were previously thought to be purely of non-organic aetiology. Thus the carefully chosen theme “Serious Mental Disorders – the Neuro-Developmental Connect” is very relevant in today’s rapidly changing World. We expect to have an excellent and academically stimulating scientific programme and also moments of relaxation programmes of fellowship and cultural programme. Being a person closely associated with IPS – Eastern Zonal Branch, I wish the conference a great success.

On behalf of Indian Psychiatric Society – Eastern Zonal Branch, I invite you all to enjoy the academic and social event along with your family and have relaxing moments in the charming natural beauty at Kalimpong.

Dr. CL Narayan

President, IPS – Eastern Zonal Branch

Professor of Psychiatry, A.N.M. Medical College, Gaya, Bihar



Cordial greetings to all the members of IPS Eastern Zonal Branch and their family. This year 42nd Annual Conference of IPS Eastern Zonal Branch will be organized at the exotic venue of Kalimpong, West Bengal from 16th to 18th September 2016.

Dr. Prabir Paul (Organizing Chairman), Dr. N.K. Bera (Organizing Secretary) and their team are all set to make the 42nd CEZIPS 2016 a memorable one.

On behalf of IPS Eastern Zonal Branch, I would like to extend my heartiest warm invitation to all to experience the rich academic deliberations and hospitality specially meant for all of us from the Organizing Committee in the annual conference of the society.

Please block the dates.

Looking forward to meeting everyone at Kalimpong this coming September.

I wish and pray for the success of the conference.

Dr. R.K.Lenin Singh

Hony. Secretary

IPS Eastern Zonal Branch

Invitation



We would like to extend the warm greetings and invite you to the **42nd CEZIPS 2016** in the picturesque town of Kalimpong. It's an exciting time for the **Indian Psychiatric Society – Eastern Zonal branch** which has been a front-



runner in providing latest and advanced scientific updates in the area of Psychiatry to host this event. We continue to meet and bring inspired people together to ensure the cutting edge advancement in the area of Psychiatry.

Neuro - developmental disorder and its relationship with psychiatry has been an area of unmet need in the field of psychiatric research. Therefore, the theme - "Serious Mental Disorder- The neuro - developmental connect" has been selected for this year's meet. This shall provide various insights in this upcoming research area.

We take this opportunity again, to invite you to have an enriching experience attending this conference at Kalimpong.

SEE you at KALIMPONG -----16th September – 18th September 2016

Dr. Prabir Paul
Organizing Chairman
CEZIPS 2016

Dr. Nirmal Bera
Organizing Secretary
CEZIPS 2016



Organizing Committee

Advisory Board:

- Dr. Asit Baran Ghosh
- Dr. J. Nag
- Dr. Dinen Banerjee
- Dr. R. K. Brahma
- Dr. Amar Nath Mallik
- Dr. Ali Hasan
- Dr. A. B. Patra
- Dr. R. R. Ghosh Roy
- Dr. Kanika Mitra
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- Dr. Pramod Kumar Singh
- Dr. Vinay Kumar
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- Dr. Baxi K. R. P. Sinha
- Dr. Sayeed Akhtar
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- Dr. S. Haque Nizamie
- Dr. Ningombam Hiramani Singh
- Dr. Gyaneshwar Sharma
- Dr. Sujit Kr Das
- Dr. Debi Prasad Dey
- Dr. Shantibala Devi Kojjam
- Dr. L. S. Kharluki
- Dr. Gopal Chandra Kar
- Dr. N. M. Rath
- Dr. Tophan Pati
- Dr. Tarapada Ray
- Dr. J. Sengupta
- Dr. Surendra Nath Parida
- Dr. Inderlal Sharma
- Dr. Sanjiba Dutta
- Dr. Jibon Chakraborty
- Dr. Anal Kanti Nath
- Dr. Soumitra Ghosh
- Dr. Amitava Mukherjee
- Dr. P. P. Roy

Organising Chairman : Dr. Prabir Paul

**Co - Chairman : Dr. Srikumar Mukherjee, Dr. Asim Kumar Mallick,
Dr. Debasis Chatterjee, Dr. Gautam Saha**

Organising Secretary : Dr. Nirmal Bera

Joint Organising Secretary : Dr. Arabinda Brahma

Treasurer: Dr Neelanjana Paul

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Dr. Rezaul Karim

Dr. Santanu De

Dr. Uttam Mazumdar

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Dr. Sujit Sarkhel

Dr. Amit Bhattacharya

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Subcommittee Dr. Abir Mukherjee (Convenor)

Dr. Sanjay Garg (Member)

Dr. Bhaskar Mukherjee (Member)

Dr. Aviruchi Chatterjee (Member)

- Sovenier Sub
Committee** : **Dr. Ranjan Bhattacharya (Chairman)**
Dr. Kaustav Chakroborty (Convenor)
Dr. Amlan Kusum Jana (Member)
Dr. Rajarshi Neogi (Member)
Dr. Sanjay Saha (Member)
- Registration
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Dr. Swasti Chowdhuri (Convenor)
Dr. Manabendra Makhhal (Member)
Dr. Nikhilesh Mandal (Member)
Dr. Bappaditya Mandal (Member)
- Reception
Sub - Committee** : **Dr. Anjay Gupta (Chairman)**
Dr. Tapan Banerjee (Convenor)
Dr. Sharmistha Sarkar (Member)
Dr. Partha Sarathi Roy (Member)
Dr. Ritabrata Chatterjee (Member)
- Finance
Sub-Committee** : **Dr. Kamal Hossain (Chairman)**
Dr. Anjan Baral (Convenor)
Dr. Kumar Kanti Ghosh (Member)
Dr. Bappaditya Chowdhuri (Member)
Dr. Malay Sarkar (Member)
- Cultural
Sub-Committee** : **Dr. Debjani Bandyopadhyay (Chairman)**
Dr. Seshadri Sekhar Chatterjee (Convenor)
Dr. Rudraprasad Acharya (Member)
Dr. Subir Bhattacharya (Member)
Dr. Madhurima Ghosh (Member)
- Secretariat
&
Address for
Communication** : **Dr. Nirmal Bera**
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Email - drbera@yahoo.co.in
M - 9434006972
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A1/3, Baitalik Co-op. Housing Society
KMDA HSG Complex
Hiland Park
Kolkata - 700094
Email - paulprabir5in@gmail.com
M - 9830028697

Invitation for Scientific Papers

Scientific papers are invited for the following categories:-

Awards Papers

1. **Bombay Psychiatric Society Silver Jubilee Award (BPSS):** Best Paper will be forwarded for contesting BPSS Award at ANCIPS 2017. It is open to all members of IPS, East Zone
2. **Leelabati Bholanath Award :** All Members of IPS Eastern Zonal Branch can Compete.
3. **Siddharatha Memorial Award :** This award is open to Post Graduate Trainees of Eastern Zonal Medical Colleges and Institutes only. Contestants should enclose a certificate of eligibility from their H.O.D.
4. **Dr. L. P. Verma Oration:** Any Life fellow of IPS Eastern Zonal Branch can propose the name of any other life fellow above 45 years of age of the society for the said oration.
5. **Dr. R. B. Davis Oration :-** Nominations are invited for any life fellow of the Society who is not over 45 years of age on 30th June of the year in which his name is to be nominated, can take part in the oration.

Rules for Award Papers:

1. Members willing to contest for any of these awards will have to send four copies of full paper and four copies of abstract to the Chairman award Sub-Committee Dr. Malay Kumar Ghosal, 68, BN Road, Uttarpara - 712258, Hooghly West Bengal, RES : 033-26630713, MOB : 9830161513, Email:malayghosal@yahoo.co.in (Latest by 16th August, 2016)
2. All four copies of written text should be in double space on one side of the page. The 1st page of the text should contain only the title of the paper, authors name & the place of research. These particulars except the title should not appear anywhere else in the paper.
3. The oral presentation has to be made by the author or any one of the authors, all of whom must be members of IPS Eastern Zonal Branch. Time allowed for presentation will be 8 minutes to be followed by 2 minutes of discussion.

4. The paper should be prepared as per guidelines laid for preparing a research paper in Indian Journal of Psychiatry (www.indianjpsychiatry.org) the official publication of the Indian Psychiatric Society.

5. **Dr. L. P. Verma Oration** : This oration is instituted in memory of the late Dr. L.P. Verma, a senior fellow of the society.

This oration will be delivered at each annual conference of the IPS – Eastern Zonal Branch. Rules for the oration shall be as follows.

- i) The Oration will be declared one year in advance at every annual conference. The oration is to be delivered at the subsequent Annual Conference of the IPS Eastern Zonal Branch.
- ii) Any Life Fellow of IPS – Eastern Zonal Branch can propose the name of any other Life Fellow above 45 years age of the society for the said oration.
- iii) The proposal including four copies of the bio-data of the nominee must be submitted to the Chairperson, Awards Committee by a date determined by the Executive Committee of the Society. The nomination must be accompanied by written consent of the nominee.
- iv) Eligibility Criteria :
 - a) Seniority, Recognition and Standing amongst Fellow Psychiatrists in Eastern Zone.
 - b) Contribution to Research, Training and Teaching in Psychiatry.
 - c) Contribution in the Organization of the Eastern Zonal Branch of Indian Psychiatric Society.
 - d) Contribution to the Service and Development of the fraternity.
- v) A panel consisting of 3 (three) judges will assess the nominations. The nomination securing the highest total marks shall win the oration, subject to ratification by the Awards Committee and the Executive Committee of the Eastern Zonal Branch of Indian Psychiatric Society. The decision of the panel of judges will be final.
- vi) The oration paper will become the property of the IPS-Eastern Zonal Branch and shall be published in the Eastern Journal of Psychiatry of Indian Psychiatric Society with editorial correction, if required.
- vii) The speaker has the liberty to choose the topic in consultation with the Chairperson, Award Committee and the President of the Society. He / She should intimate the title of the oration with a brief summary to the Chairperson, Award Committee and President, at least 3 (three) months before the delivery of the oration.
- viii) No person shall be allowed to further participate in the oration once after winning the oration.
- ix) If no nomination is received within the stipulated period of time, the Executive Committee of IPS, Eastern Zone will have the power to nominate any Life Fellow of the society above the age of 45 years for the oration.

6. **Dr. R. B. Davis Oration** : This oration is instituted in memory of the late Dr. R.B. Davis, a senior fellow of the society. This oration will be delivered at each annual conference of the IPS – Eastern Zonal Branch.

The Rules for the oration shall be as follows.

- i) The Oration will be declared one year in advance at every annual conference. The oration is to be presented at the subsequent Annual conference of the IPS Eastern Zonal Branch.
- ii) Any Life Fellow of the society who is not over 45 years of age on 30th June of the year in which his name is to be nominated, can take part in the oration.
- iii) Four copies of the bio-data of the candidate along with age proof to be submitted to the Chairperson of the Award Committee by a date determined by EC of the society. The nomination is to be accompanied by written consent of the nominee.
- iv) Eligibility Criteria:
 - a. Recognition and standing amongst Fellow Psychiatrist in Eastern Zone.
 - b. Contribution to Research, Training and Teaching in Psychiatry.
 - c. Contribution in the organization of the Eastern Zonal branch of Indian Psychiatric Society.
 - d. Contribution to the service and development in the fraternity.
- v) A panel of judges shall rate the nominations. The nomination securing the highest total marks (out of 50) shall be eligible for presentation, subject to ratification by the Awards Committee and the Executive Committee of the Eastern Zonal Branch of Indian Psychiatric Society later on. The decision of the panel of judges will be final.
- vi) The oration paper will become the property of the IPS-Eastern Zonal Branch and shall be published in the Eastern Journal of Psychiatry of Indian Psychiatric Society with editorial corrections, if required.
- vii) If no nomination is received within the stipulated period of time, the Executive Committee of IPS, Eastern Zone will have the power to nominate any Life Fellow of the society below the age of 45 years for the oration.
- viii) No person shall be allowed to further participate in the oration once after winning the oration.

Rules for Free Papers:

1. Four copies of abstract of the paper to be presented is to be sent to **Dr. CL Narayan** President, IPS – Eastern Zonal Branch “DEEPAYAN”, Tilhakali bari, Gaya - 823001, Bihar, drclnarayan@gmail.com
2. If there are more than one author, the name of the presenter should be underlined.
3. The content of abstract for the free papers should be described under the headings of Introduction, Aims and Objectives, Methodology, Results and Conclusion.
4. Time allowed for presentation will be 8 minutes to be followed by 2 minutes of discussion.
5. Presenter of the paper and atleast 50 percent of the authors of the paper should be member of IPS Eastern Zonal Branch.

Rules for Poster Presentation:

1. An area of 100 cm (height) X 50 cm (width) would be provided for each presentation.
2. Posters should be prepared in English and should be headed with Title, name of Authors(s), Institution and City.
3. The content should be described under the headings of Aims and Objectives, Methodology, Results and Conclusions.
4. Charts, drawings and illustrations must have self-explanatory titles.
5. The presenting author should report at the venue in time and must be present throughout the specified duration of the poster session.

Post Graduate Quiz:

1. Quiz is open to all Post Graduate Students studying in the Medical Colleges of the East Zone.
2. Entries can be sent along with the recommendation of H.O.D to the organizing secretary before 20th August, 2016

Registration Details

Category	Upto 15th July 2016	Upto 15th Aug 2016	16th August 2016 onwards & Spot
IPS Member	Rs 2000/-	Rs 2500/-	Rs 3000/-
Accompanying Person	Rs 1000/-	Rs 1500/-	Rs 2000/-
Non-Members	Rs 2500/-	Rs 3000/-	Rs 3500/-
Post Graduate	Rs 1000/-	Rs 1200/-	Rs 1500/-
Corporate	Rs 3500/-	Rs 4000/-	Rs 4500/-

1. Registration is mandatory for all participants
2. Please send your registration fee by D/D or at par Cheque in favour of TALKEINDESK payable at kolkata and to be sent to Honorary treasurer

Dr. Neelanjana Paul
40/27A, Dharmatala Road
Bosepukur,
Kasba, Kol - 700039

3. No registration fee is required for Children below 06 years, Senior Members above 65 years.
4. Post Graduate Students must send/bring a letter of recommendation from the Head of their respective Department / Institution. They are also advised to carry an identity card issued by their institution.
5. Please register early to serve you better. Conference kit may not be available for spot registration.
6. Registration details should be sent only in the enclosed format either by post/by hand.

Important dates to remember

1. Early bird registration closes on 15-7-16
2. Last date for award paper submission is 16-8-16
3. Last date for free paper submission is 16-08-16
4. Last date for acceptance of Hotel Booking is 15-08-16

Kalimpong

Kalimpong is one of the largest Sub-Divisions of India and has the distinct advantage of being centrally located in the Himalayan foothills.

History

Kalimpong has come a long way since 1865 when it was just a small hamlet of 3 to 4 families having few cows. At present it has a population of about 70,000 people. From the Lepcha sources, "Kalenpung" means Ridges Where We Play. In Tibetan translation it means The Stockade of Kings Ministers, and the hill people also call "Kalimpong" as "Kalibong" meaning "Black Spurs". However the Lepcha translation has found acceptance as the tribesman organized field sports and not engage in agricultural pursuits.

In spite of the unrecorded history and different theories, until the mid-19th century, the area around Kalimpong was ruled in succession by the Sikkimese and Bhutanese kingdoms. Under Sikkimese rule, the area was known as *Dalingkot*. In 1706, the king of Bhutan won this territory from the Sikkimese monarch and renamed it Kalimpong. Overlooking the Teesta Valley, Kalimpong is believed to have once been the forward position of the Bhutanese in the 18th century. The area was sparsely populated by the indigenous Lepcha community and migrant Bhutia and Limbu tribes. Later in 1780, the Gorkhas invaded and conquered Kalimpong. After the Anglo-Bhutan War in 1864, the Treaty of Sinchula (1865) was signed, in which Bhutanese held territory east of the Teesta River was ceded to the British India Company.

Kalimpong was added to district of Darjeeling in 1866. In 1866-1867, an Anglo-Bhutanese commission demarcated the common boundaries between the two, thereby giving shape to the Kalimpong subdivision and the Darjeeling district.

After the war, the region became a subdivision of the Western Duars district, and the following year it was merged with the district of Darjeeling. The temperate climate prompted the British to develop the town as an alternative hill station to Darjeeling, to escape the scorching summer heat in the plains. Kalimpong's proximity to the Nathula and Jelepala passes, offshoots of the ancient Silk Road, was an added advantage and it soon became an important trading outpost in the trade of furs, wools and food grains between India and Tibet. The increase in commerce attracted large numbers of migrants from Nepal, leading to an increase in population and economic prosperity.

The arrival of Scottish missionaries saw the construction of schools and welfare centres for the British. Rev. W. Macfarlane in the early 1870s established the first schools in the area. By 1907, most schools in Kalimpong also started offering education to Indian students. By 1911, the population had swelled to 7,880.

Following Indian Independence in 1947, Kalimpong became part of the state of West Bengal, after Bengal was partitioned between India and Pakistan. With China's annexation of Tibet in 1959, many Buddhist monks fled Tibet and established monasteries in Kalimpong. These monks also brought many rare Buddhist scriptures with them.

Places to visit near Kalimpong

Pedong

Located just about 22kms away on the road to Jelepala Pass, it takes only about 40 minutes drive to reach this beautiful place. One of the oldest monasteries around here which was built in 1837 by the name of Sangchen Dorji Gumba is located here. Also the Damsang Fort, the only fort in the Darjeeling hills is at Pedong. Pedong is also known for being one of the oldest Catholic Missions of this region and is filled with Christian Mission history.

Lava

Situated at an elevation 2000 meters and is approximately 35kms from Kalimpong. The lush green virgin forests of Lava are ideal for nature treks, bird-watching and flora and fauna exploration. The Sherpa view point here provides an excellent view of snowcapped mountains of Bhutan and Tibet. Trekking routes to Gitdabling, Neora Valley, Rachela and Gumbadara originates from Lava.

Rishop

Rishop is a small hamlet at an altitude of 8000ft approximately 34kms from Kalimpong. It takes about 1hr 15mins drive from the town of Kalimpong to reach Rishop. Covered by dense forest all around this little place has a picture postcard feel and the view of the surrounding mountains especially Mt.Kanchenjunga is simply breathtaking

Lolegaon

The most lucrative attraction at Lolegaon is the famous 'Canopy Walk' along the hanging wooden footbridge amidst the huge pines and oaks, which give the enthralling feel of the surrounding beauty and wilderness. Located about 2hrs drive from Kalimpong, this serene place is situated at an altitude of approx. 5000ft.

One can actually make a complete circle and cover the three places of Lava, Lolegoan and Rishop in one day.

Places of Interest in Kalimpong

Mac Farlen Church

Ever since it was constructed in the year 1890 - 91, this magnificent building has been the landmark of Kalimpong. This beautiful church was built on 1 Nov 1891 by the Scottish Missionaries. In the early days the sermons were in 10 different languages for the purpose of spreading Christianity. These were – Bodo, Nepali, Bengali, Hindi, English, Chinese, Lepcha , Sanskrit, Urdu and Tibetan.

Tsonga Gumba

This is the oldest Bhutanese monastery in the district of Darjeeling proving the presence and the hold of Bhutan over Kalimpong. Many scholars are of the opinion that it was built around the late 1600's.

Nature Interpretation Center

This is an Ecological museum set up by forest department in the year 1990. Visitors must stopover at this museum for getting a fair idea about the wildlife of the hills.

Zang Dhok Palri Phodang

Also known as the Durpin Monastery, it is the largest monastery in Kalimpong and was consecrated by His Holiness the Dalai Lama himself in 1976. It is situated at 1372 mts on the peak of Durpin hill, from where a majestic view of the town and Mt.Kunchenjunga can be seen.

Lepcha Museum

Situated about a kilometer from town , this museum has various articles of interest for those who want to know about the Lepcha culture and heritage. Various articles of worship, original lepcha musical instruments and many other articles can be found here.

Morgan House:

The Morgan House or the Singhamari is one of the oldest Colonial bungalows that was built after the British opened up Kalimpong as a hill resort. It is currently under the West Bengal Tourist Development Corporation. This is a very beautiful example of a colonial past of Kalimpong.

Hanuman Tok

As the name suggests, Hanuman Tok has a huge statue of Lord Hanuman approximately 25 to 30 ft in height located on a hill top not very far away from the Science City. Here fantastic views of the both sides of the hill can be seen along with the Himalayan range.

Dr. Graham's Homes

Dr. J.A. Graham is one of the pioneers of the development of Kalimpong ever since its beginning. It was through him that Kalimpong gained popularity throughout Europe. On 24 Sept 1900, an area of 100 acres was granted by the British to Dr.Graham for his project of the StAndrews colonial homes.

Church of Mother Mary

Located at Relli road within the vicinity of The Missionaries of charity is the Church of Mother Mary. This place is a must visit, the reason being that the depictions of the Christianity in this church are all in an Oriental or Tibetan fashion.

Weather and Climate

Climate-

During the conference the temperature is expected to be Min of : 07°C and Max of : 20°C

How to reach Kalimpong

Air – The nearby airport is Bagdogra in the vicinity of Siliguri. It is placed at a distance of 79 km from the town. This airport is well connected to Kolkata, Delhi and Guwahati.

Rail- The nearest railway station is New Jalpaiguri, which is almost 77 km away from Kalimpong. This is an important railway station in the northern Bengal and also serves as a gateway to the remote northeastern India.

Road- From New Jalpaiguri the distance is about 73kms by road via Teesta Bazaar and takes about 2.5 hours to reach.

Hotel Details

Hotels in Kalimpong

Park Hotel	
Address	Rate / Night
Rinkingpong Road, Kalimpong, West Bengal 734301	5200
91 3552 255304 / 256656	
91 80164 80665	

Himalayan Hotel	
Address	Rate / Night
Upper Cart Road, Darjeeling, Kalimpong, West Bengal 734301	6300
+91-3552-255248 +91-3552-258602	

The Elgin Silver Oaks	
Address	Rate / Night
Rinking Pong Road, Kalimpong, West Bengal 734301	9900
03552 255 296	

Sinclairs Retreat Kalimpong	
Address	Rate / Night
6th Mile, Purbong, Kalimpong, West Bengal 734301	7500
Front Office no. : +91 97322 77760	
9732277725, 9732277745	

Soods Garden Retreat	
Address	Rate / Night
8.5 Miles, Rishi Road, Near Petrol Pump, Kalimpong, West Bengal 734301	3500-6500
03552 260 321	

Hotel Bellus	
Address	Rate / Night
Dr. B. L. Dixit Road, East Main Road, Kalimpong, Near Government Housing. Darjeeling, West Bengal 734301	4500-7000
03552 256576 / 91-9932839789 / 91-9732773074 / 91-9002152817	

Note - The above are on per room / night basis on twin sharing with breakfast

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