

Male breast correction in Kolkata



Gynecomastia Surgery Options

- 1. Liposuction** – This procedure removes excess breast fat but does not target the glandular breast tissue itself.
- 2. Mastectomy** – This surgery removes the glandular breast tissue. When only small amounts of tissue need to be removed, the procedure can often be done through small incisions, which can reduce recovery time.

How Long Does Male Gynecomastia Last?

Gynecomastia is common during puberty and, in most cases, is temporary. It typically resolves on its own by the age of 18. In these cases, surgery is rarely necessary.

Are “Moobs” Permanent?

In some men, gynecomastia persists beyond puberty—affecting approximately 20% of adult males. When the condition continues into adulthood, it can become more noticeable and may lead to emotional discomfort or self-consciousness. In such cases, treatment or surgery may be considered.