

Mentoplasty in Kolkata



Mentoplasty, also known as chin surgery or genioplasty, is a cosmetic surgical procedure aimed at reshaping the chin to enhance facial harmony and balance. This procedure may involve chin augmentation, reduction, or repositioning, and is often performed alongside other facial surgeries like rhinoplasty for optimal aesthetic results.

What Mentoplasty Involves

Chin Augmentation:

Enhances a recessed or weak chin by adding volume, either with implants (commonly silicone or other biocompatible materials) or by reshaping the bone.

Chin Reduction:

Involves the removal of excess bone from a prominent chin, helping to create a more proportionate and balanced profile.

Sliding Genioplasty:

A surgical technique in which a portion of the chin bone is cut and moved forward or repositioned, then fixed in place using plates or screws. This method can offer a more natural result compared to implants.

Why Mentoplasty is Performed

Facial Aesthetics:

To improve the overall symmetry and proportions of the face, often enhancing the jawline and balancing the nose and chin.

Functional Improvements:

In some cases, mentoplasty addresses jaw-related issues, improving bite alignment, chewing, or speech.

Comprehensive Facial Rejuvenation:

Chin surgery is commonly combined with other procedures, such as rhinoplasty or a facelift, to achieve a more youthful and harmonious appearance.

Procedure & Recovery

Outpatient Surgery:

Typically performed on an outpatient basis under local anesthesia with sedation or general anesthesia.

Incision Options:

Incisions are made either inside the mouth (intraoral) or beneath the chin (external), depending on the technique and surgeon preference.

Recovery Timeline:

Swelling and bruising are common but generally resolve within a few weeks. Most patients return to normal activities within 7–10 days.

Final Results:

Visible improvements can be seen once swelling subsides, with full results appearing within a few months.

Infection:

A rare complication, typically preventable through proper hygiene and post-operative care.

Implant Displacement:

If implants are used, there's a small risk they may shift position, though this is minimized with skilled placement and careful recovery practices.

Temporary Numbness:

Mild numbness in the lower lip or chin is common post-surgery and usually resolves over time.

Nerve Damage:

Rare, but there is a risk of injury to the mental nerve, which can affect sensation in the lower face.

What is Mentoplasty?

Mentoplasty (chin surgery or genioplasty) is a procedure designed to reshape or reposition the chin to improve facial aesthetics. This can be achieved by:

Enhancing the chin with an implant, often made of medical-grade silicone.

Reducing the chin bone in cases where it is overly prominent.

Repositioning the chin bone (sliding genioplasty) for a more natural enhancement.

Plastic surgeons often recommend mentoplasty in conjunction with nasal surgery (rhinoplasty) to achieve ideal facial balance, as the relative size of the chin can influence how the nose appears.

This surgery helps bring harmony to facial features, contributing to a more confident and satisfied appearance.