

Liposuction in Lake Town



What Can Liposuction Do?

Liposuction is not a treatment for obesity, nor is it a substitute for a healthy diet and regular exercise. It is best suited for individuals who are close to their ideal body weight but have stubborn fat deposits that do not respond to lifestyle changes.

If you have firm, elastic skin, you are likely to see better results. However, if your skin is loose due to stretch marks, significant weight loss, or aging, the skin may not conform well after fat removal. In such cases, additional procedures may be needed to tighten excess skin. Liposuction is also not an effective treatment for cellulite.

What Areas Can Liposuction Treat?

Liposuction can effectively target and reduce localized fat deposits in the following areas:

- Abdomen and waist
- Hips and buttocks
- Thighs
- Inner knees
- Upper arms
- Back
- Calves and ankles
- Chest area (including male chest reduction)
- Face, cheeks, chin, and neck