

# NCCN Clinical Practice Guidelines in Oncology™

# Hepatobiliary Cancers

V.2.2008

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**Practice Guidelines** 

in Oncology - v.2.2008

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Continue

# **Table of Contents**

NCCN Hepatobiliary Cancers Panel Members Summary of Guidelines Updates

Hepatocellular Carcinoma:

Clinical Presentation and Workup (HCC-1)

- Potentially resectable, operable (HCC-2)
- Unresectable or patient declines surgery (HCC-3)
- Inoperable, local disease (HCC-4)
- Metastatic disease (HCC-4)

CHILD-PUGH Score (HCC-A)

Gallbladder Cancer:

- Incidental finding at surgery (GALL-1)
- Incidental finding on pathologic review (GALL-1)
- Mass on imaging (GALL-2)
- Jaundice (GALL-2)
- Metastatic disease (GALL-2)

Intrahepatic Cholangiocarcinoma (INTRA-1) Extrahepatic Cholangiocarcinoma (EXTRA-1)

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**Clinical Trials:** The NCCN believes that the best management for any cancer patient is in a clinical trial. Participation in clinical trials is especially encouraged.

To find clinical trials online at NCCN member institutions, <u>click here:</u> <u>nccn.org/clinical\_trials/physician.html</u>

NCCN Categories of Evidence and Consensus: All recommendations are Category 2A unless otherwise specified.

See <u>NCCN Categories of Evidence</u> and <u>Consensus</u>

#### **Guidelines Index**

# Print the Hepatobiliary Cancers Guideline

These guidelines are a statement of consensus of the authors regarding their views of currently accepted approaches to treatment. Any clinician seeking to apply or consult these guidelines is expected to use independent medical judgment in the context of individual clinical circumstances to determine any patient's care or treatment. The National Comprehensive Cancer Network makes no representations nor warranties of any kind whatsoever regarding their content, use, or application and disclaims any responsibility for their application or use in any way. These guidelines are copyrighted by National Comprehensive Cancer Network. All rights reserved. These guidelines and the illustrations herein may not be reproduced in any form without the express written permission of NCCN. ©2007.

#### Practice Guidelines in Oncology – v.2.2008

# **Summary of the Guidelines Updates**

Summary of the changes in the 2.2008 version of the Hepatobiliary Cancer guidelines from the 1.2008 version include:

- The addition of sorafenib as a treatment option for patients who are inoperable by performance status or comorbidity (local disease only) and who do not present with cancer-related symptoms (<u>HCC-4</u>).
- Footnote "I" revised to read "*Caution*: There are limited safety data available for Child-Pugh Class B patients. Use with extreme caution in patients with elevated bilirubin levels" throughout the hepatocellular carcinoma guideline.

Summary of the changes in the 1.2008 version of the Hepatobiliary Cancer guidelines from the 2.2007 version include:

#### Hepatocellular Carcinoma:

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#### (<u>HCC-1</u>)

• Footnote "e" regarding Child-Pugh score, now includes "and assessment of portal hypertension (eg, varices, splenomegaly, and thrombocytopenia)."

#### (<u>HCC-2</u>)

- Surgical Evaluation, Bottom branch: Included "....or hepatitis C antigen positive."
- Footnote "i": Removed the word "cadaveric" so that text now reads "Criteria for transplantation." (Also for <u>HCC-3</u>) (<u>HCC-3</u>)
- Footnote "k" that states, "For selected patients, a randomized clinical trial has demonstrated survival benefits" is new to the page.
- Treatment: The sorafenib recommendations now include Child-Pugh Class A <u>or B</u>, with corresponding footnote "I" that states, "There are limited safety data available for Child-Pugh Class B patients. Use with extreme caution in patients with elevated bilirubin levels." Previously, the guidelines only recommended sorafenib for Child-Pugh Class A patients. (Also for <u>HCC-4</u>) (<u>HCC-4</u>)
- Treatment, Top branch: Sorafenib was added as a treatment option for patients who are inoperable by performance status or comorbidity (local disease only) and who present with cancerrelated symptoms.

#### Gallbladder Cancer:

#### (<u>GALL-1</u>)

- Top branch, second column: The phrase "Consider en bloc resection" was changed to "Consider extended cholecystectomy."
- Postoperative Workup; Bottom branch: The recommendation "Strongly consider staging laparoscopy" was added.
- Resectable; Primary Treatment: Panel deleted the recommendation "± resection of port sites for laparoscopic operations."
- Footnote "b" was amended with the following sentence: "Patients with nodal disease outside this area are unresectable." (GALL-3)
- Under Adjuvant Treatment: The panel changed "...chemotherapy/RT" to "...chemotherapy ± RT" Intrahepatic Cholangiocarcinoma:

#### (<u>INTRA-1</u>)

- Workup: After "Upper and lower endoscopy", the panel deleted the phrase "as indicated"
- Primary Treatment, Unresectable: The panel deleted the recommendation "Ablative or embolization therapy" along with its corresponding footnote.

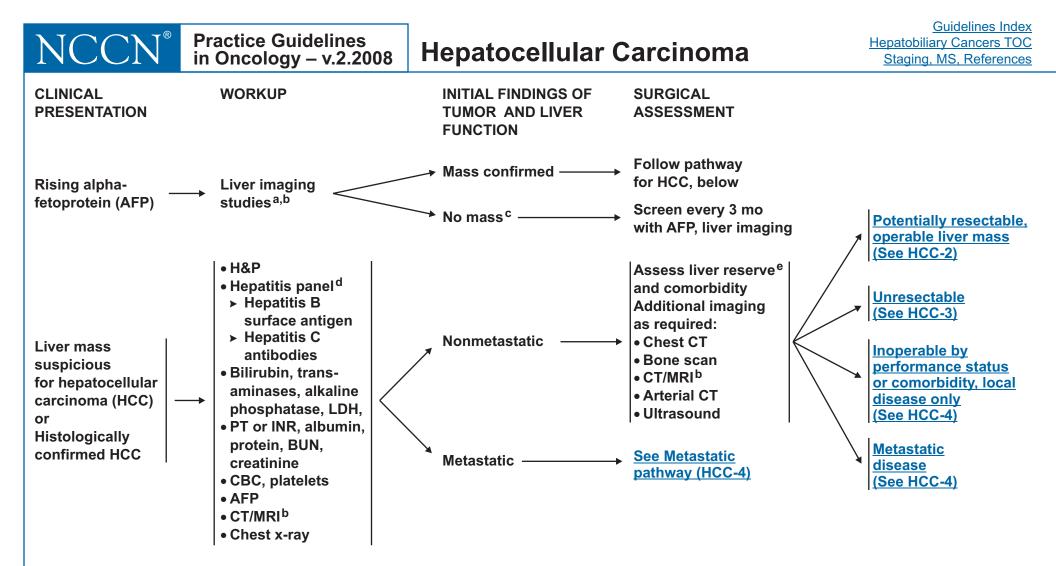
Extrahepatic Cholangiocarcinoma:

#### (<u>EXTRA-1</u>)

- Unresectable and metastatic pathways; Primary Treatment: The panel changed the recommendation to "Biliary drainage, <u>if</u> <u>indicated</u>"
- Surgical Procedures for Resectable Disease box: Proximal Third: The panel changed "± en bloc liver resection" to "+" en bloc liver resection.

Note: All recommendations are category 2A unless otherwise indicated.

Clinical Trials: NCCN believes that the best management of any cancer patient is in a clinical trial. Participation in clinical trials is especially encouraged.



<sup>a</sup>If ultrasound negative, CT/MRI should be performed.

<sup>b</sup>MRI/ CT scan to define extent and number of primary lesions, vascular anatomy, involvement with tumor, and extrahepatic disease; triphasic helical CT or MRI to include early arterial phase enhancement.

<sup>c</sup>Rule out germ cell tumor if clinically indicated. MRI or triple phase CT scan may be helpful.

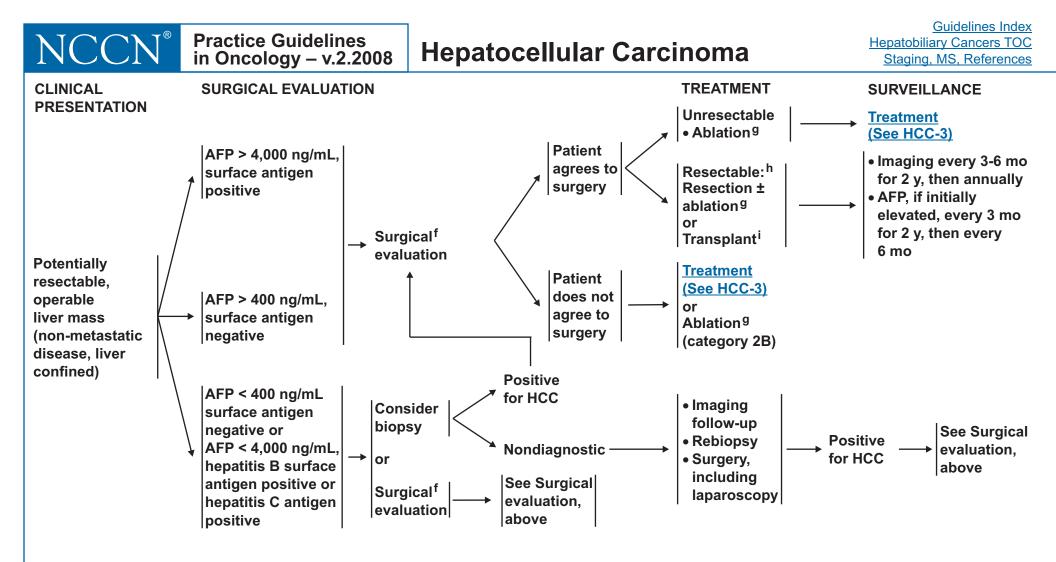
<sup>d</sup>An appropriate hepatitis panel should preferably include:

- Hepatitis B surface antigen (HBsAg). HBe and anti-HBc (IgM) are included if HBsAg is positive
- Hepatitis B surface antibody (for HBIG or vaccine evaluation only)
- Hepatitis C virus antibodies. If low positive, recombinant immuno blot assay (RIBA) confirmation test is performed

<sup>e</sup>See Child-Pugh Score (HCC-A) and assessment of portal hypertension (eg, varices, splenomegaly, thrombocytopenia).

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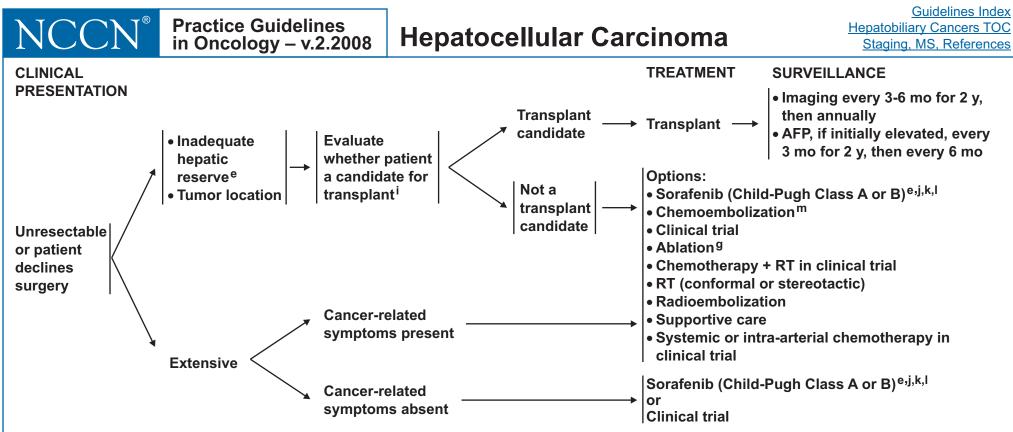
<sup>f</sup>Discussion of surgical treatment with patient and determination of whether patient is amenable to surgery.

<sup>g</sup>Ablation or embolization options: radiofrequency, alcohol, cryotherapy, microwave or embolization (chemoembolization, radioembolization, bland embolization).

<sup>h</sup>Consider interferon or other antiviral therapy for selected low risk hepatitis C patients with completely resected tumors and good performance status.

- <sup>i</sup>Criteria for transplantion (UNOS criteria):
- Patient is not a liver resection candidate
- $\bullet$  Patient has a tumor  $\leq 5$  cm in diameter or 2-3 tumors  $\leq 3$  cm each
- No macrovascular involvement
- No extrahepatic spread of tumor to surrounding lymph nodes, lungs, abdominal organs, or bone Mazzaferro V, Regalia E, Doci, R, et al. Liver transplantation for the treatment of small hepatocellular carcinomas in patients with cirrhosis. N Engl J Med 1996;334(11):693-700.

Note: All recommendations are category 2A unless otherwise indicated. Clinical Trials: NCCN believes that the best management of any cancer patient is in a clinical trial. Participation in clinical trials is especially encouraged. For relapse, see initial <u>Workup (HCC-1)</u>



#### <sup>e</sup>See Child-Pugh Score (HCC-A).

<sup>g</sup>Ablation or embolization options: radiofrequency, alcohol, cryotherapy, microwave or embolization (chemoembolization, radioembolization, bland embolization).

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Mazzaferro V, Regalia E, Doci, R, et al. Liver transplantation for the treatment of small hepatocellular carcinomas in patients with cirrhosis. N Engl J Med 1996;334(11):693-700.

<sup>j</sup>The impact of sorafenib on patients potentially eligible for transplant is unknown. Data are inadequate to define dosing for patients with abnormal liver function (Child-Pugh Class B or C).

<sup>k</sup>For selected patients, a randomized clinical trial has demonstrated survival benefits. (Llovet J, Ricci S, Mazzaferro V, et al. Sorafenib improves survival in advanced Hepatocellular Carcinoma (HCC): Results of a Phase III randomized placebo-controlled trial (SHARP trial). 2007 ASCO Annual Meeting Proceedings Part I. J Clin Onc 2007, Vol 25, No. 18S (June 20 Supplement), 2007: LBA1)

<sup>I</sup>Caution: There are limited safety data available for Child-Pugh Class B patients. Use with extreme caution in patients with elevated bilirubin levels. (Miller AA, Murry K, Owzar DR, et al. Pharmacokinetic (PK) phase I study of sorafenib (S) for solid tumors and hematologic malignancies with hepatic or renal dysfunction (HD or RD): CALGB 6031 2007 ASCO Annual Meeting Proceedings Part I. J Clin Onc 2007, Vol 25, No 18S (June 20 Supplement), 2007: 3538)

<sup>m</sup>Contraindicated in cases of main portal thrombosis or Child-Pugh Class C.

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NCCN®	Practice Guidelines in Oncology – v.2.2008	Hepatocellular Carcin	Hepatobiliary Cancers TOC       Staging, MS, References
CLINICAL PRESENTATION Inoperable by perfor status or comorbidit local disease only		esent	TREATMENT Options: • Sorafenib (Child-Pugh Class A or B) <sup>e,j,k,l</sup> • Clinical trial • Ablation <sup>g</sup> • Chemoembolization <sup>m</sup> • RT (conformal or stereotactic) • Radioembolization • Supportive care Sorafenib (Child-Pugh Class A or B) <sup>e,j,k,l</sup> or Ablation
Metastatic disease	<ul> <li>AFP &gt; 4,000 ng/mL, surface antigen positive (Biopsy not required)</li> <li>AFP &gt; 400 ng/mL, surface antigen negative (Biopsy not required)</li> <li>AFP &lt; 400 ng/mL surface antigen negative or AFP &lt; 4,000 ng/mL, hepatitis B surface antigen positive</li> </ul>	<ul> <li>Consider → HCC → biopsy</li> </ul>	or Clinical trial Sorafenib (Child-Pugh Class A or B) <sup>e,j,k,l</sup> or Supportive care or Clinical trial

**Guidelines Index** 

#### <sup>e</sup>See Child-Pugh Score (HCC-A).

<sup>g</sup>Ablation or embolization options: radiofrequency, alcohol, cryotherapy, microwave or embolization (chemoembolization, radioembolization, bland embolization) <sup>j</sup>The impact of sorafenib on patients potentially eligible for transplant is unknown. Data are inadequate to define dosing for patients with abnormal liver function (Child-Pugh Class B or C).

<sup>k</sup>For selected patients, a randomized clinical trial has demonstrated survival benefits. (Llovet J, Ricci S, Mazzaferro V, et al. Sorafenib improves survival in advanced Hepatocellular Carcinoma (HCC): Results of a Phase III randomized placebo-controlled trial (SHARP trial). 2007 ASCO Annual Meeting Proceedings Part I. J Clin Onc 2007, Vol 25, No. 18S (June 20 Supplement), 2007: LBA1.

<sup>1</sup>Caution: There are limited safety data available for Child-Pugh Class B patients. Use with extreme caution in patients with elevated bilirubin levels. (Miller AA, Murry K, Owzar DR, et al. Pharmacokinetic (PK) phase I study of sorafenib (S) for solid tumors and hematologic malignancies with hepatic or renal dysfunction (HD or RD): CALGB 6031 2007 ASCO Annual Meeting Proceedings Part I. J Clin Onc 2007, Vol 25, No 18S (June 20 Supplement), 2007: 3538)

<sup>m</sup>Contraindicated in cases of main portal thrombosis or Child-Pugh Class C.

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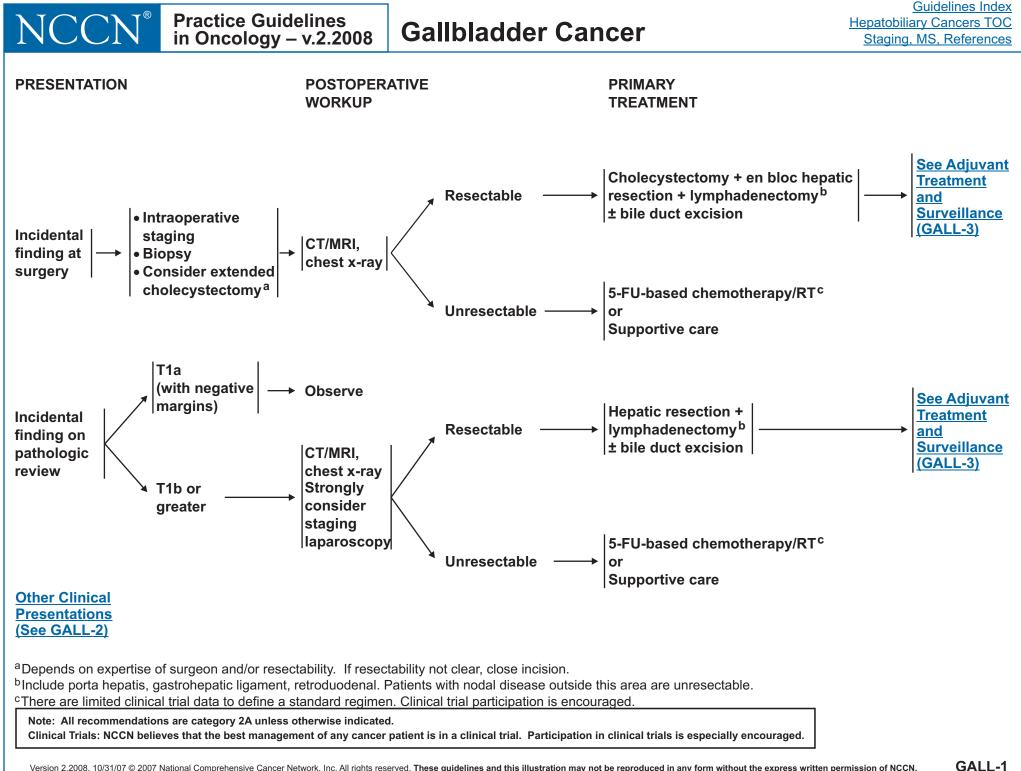
CH	ILD-PUGH SCORE		
Chemical and Biochemical Parameters	Scores (Po	normality	
	1	2	3
Encephalopathy (grade) <sup>1</sup>	None	1-2	3-4
Ascites	None	Slight	Moderate
Albumin (g/dL)	> 3.5	2.8-3.5	< 2.8
Prothrombin time prolonged (sec)	1-4	4-6	> 6
Bilirubin (mg/dL)	1-2	2-3	> 3
For primary biliary cirrhosis	1-4	4-10	> 10

Class A = 5-6 points; Class B = 7-9 points; Class C = 10-15 points.

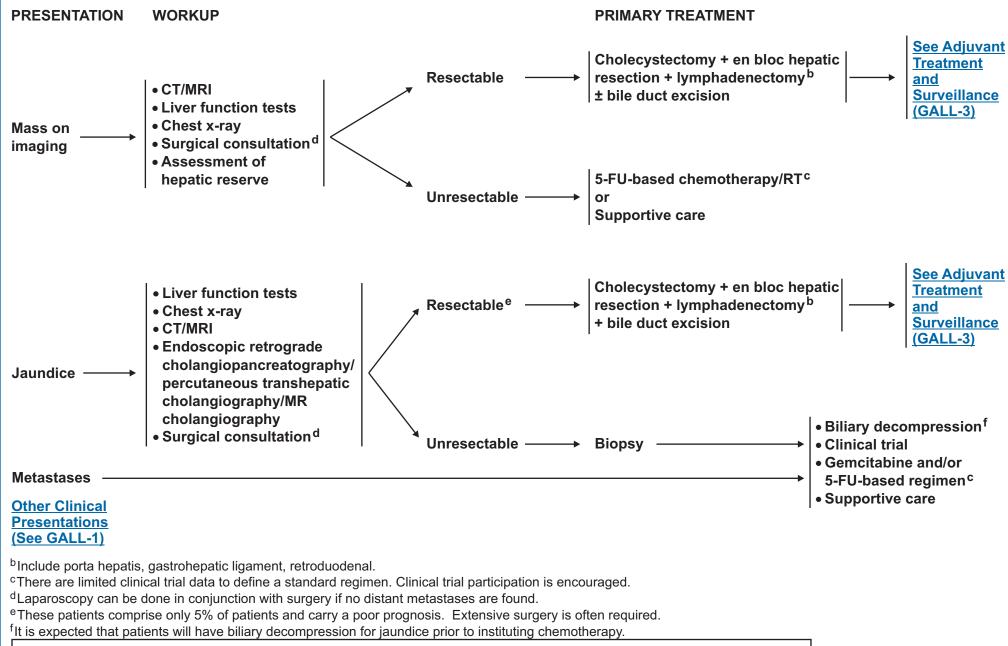
Class A: Good operative risk Class B: Moderate operative risk Class C: Poor operative risk

<sup>1</sup>Trey C, Burns DG, Saunders SJ. Treatment of hepatic coma by exchange blood transfusion. N Engl J Med 1966; 274(9):473-481. Source: Pugh R, Murray-Lyon I, Dawson J, et al: Transection of the oesophagus for bleeding oesophageal varices. Br J of Surg 1973;60(8):646-649. <sup>©</sup>British Journal of Surgery Society Ltd. Adapted with permission. Permission is granted by John Wiley & Sons Ltd on behalf of the BJSS Ltd.

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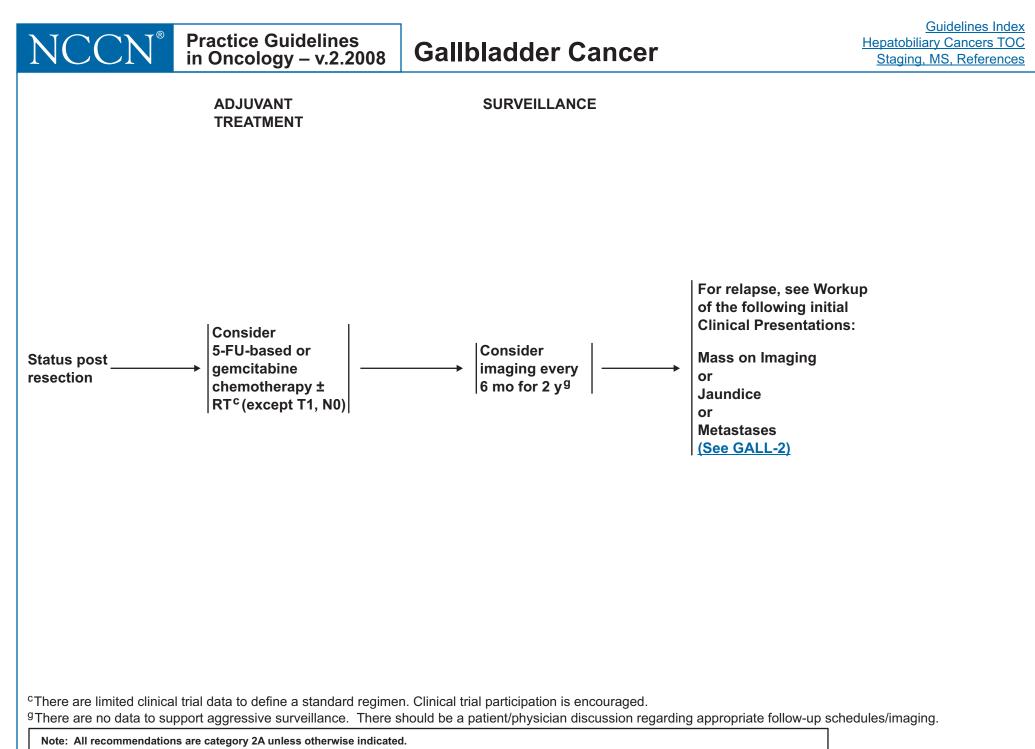




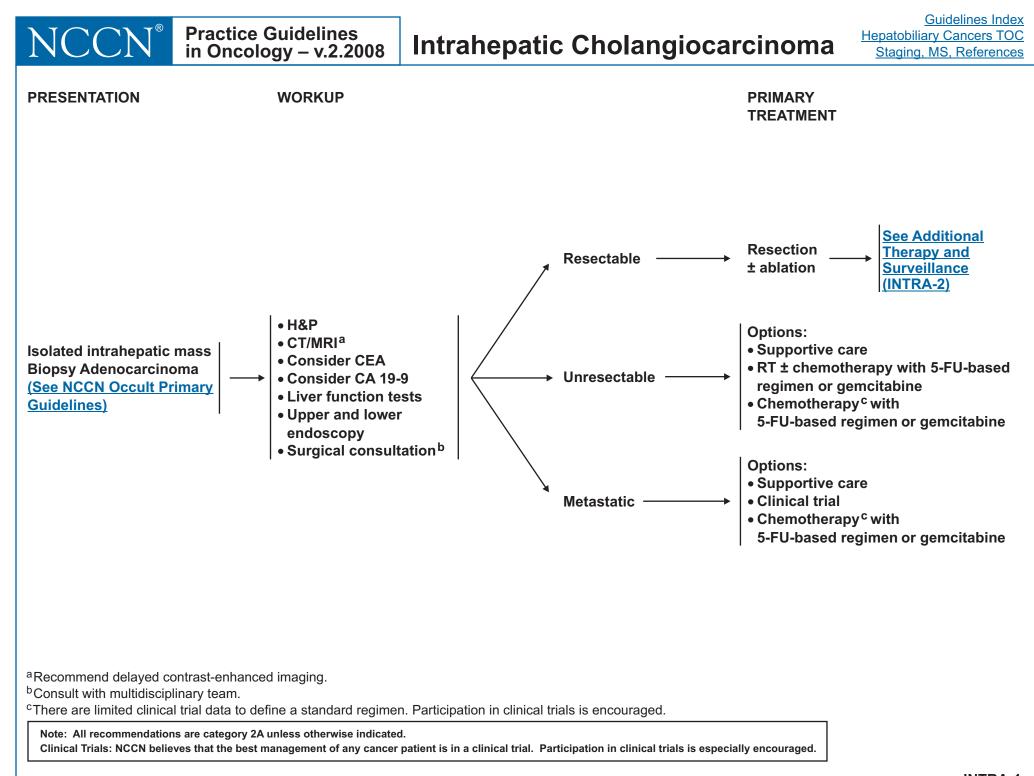


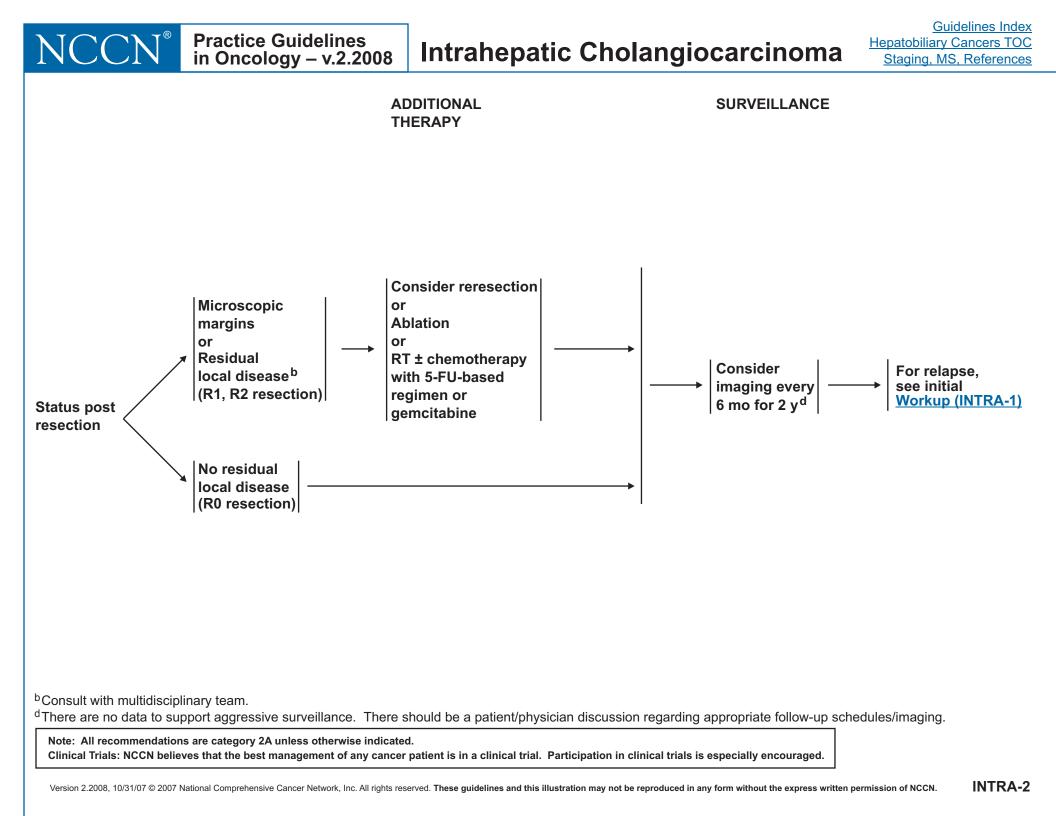
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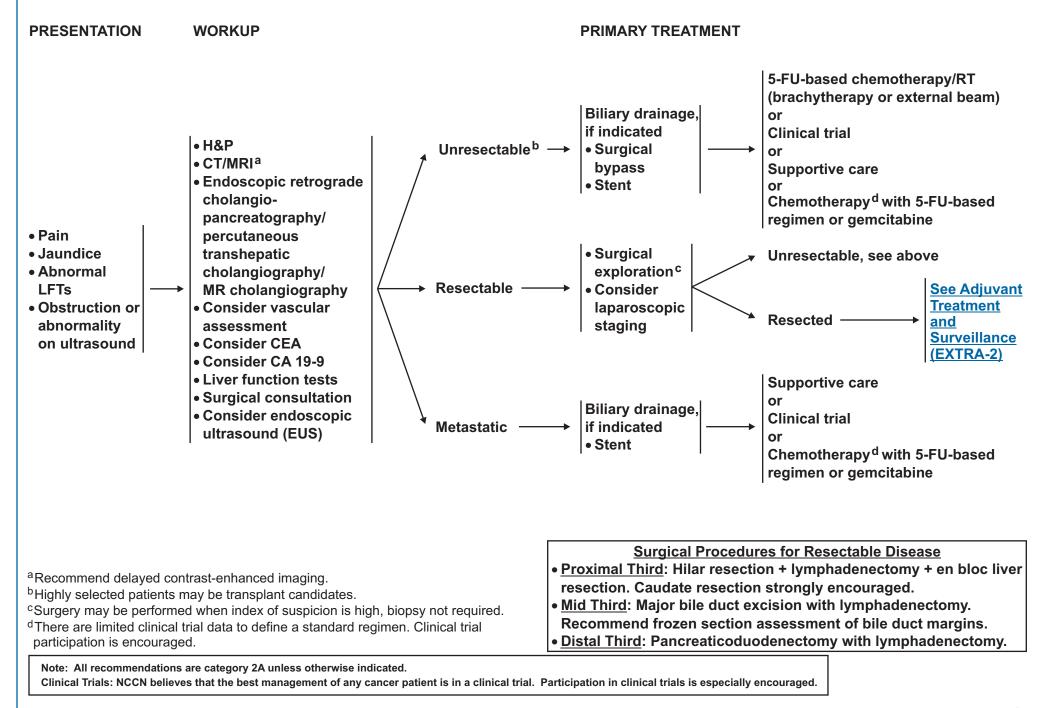
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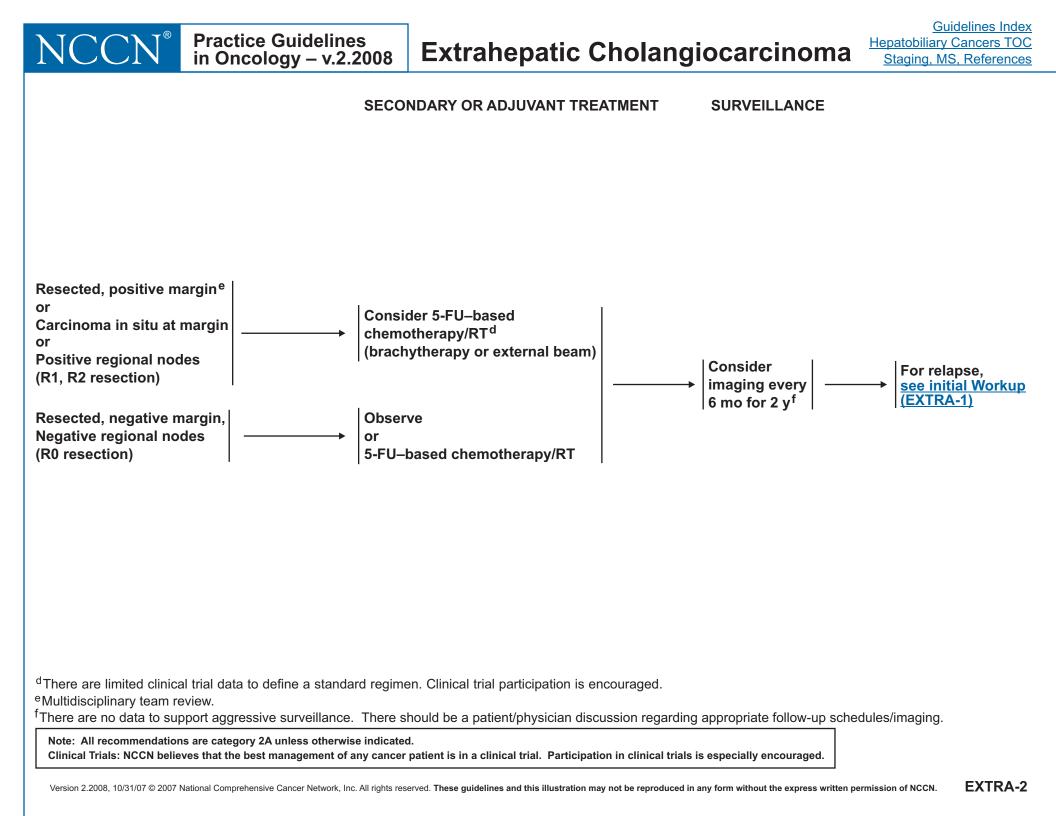




# Extrahepatic Cholangiocarcinoma

Guidelines Index Hepatobiliary Cancers TOC Staging, MS, References







# Staging

#### Table 1

American Joint Committee on Cancer (AJCC) TNM Staging for Liver Tumors (Including Intrahepatic Bile Ducts)\*

#### Primary Tumor (T)

- TX Primary tumor cannot be assessed
- T0 No evidence of primary tumor
- T1 Solitary tumor without vascular invasion
- T2 Solitary tumor with vascular invasion or multiple tumors none more than 5 cm
- **T3** Multiple tumors more than 5 cm or tumor involving a major branch of the portal or hepatic vein(s)
- **T4** Tumor(s) with direct invasion of adjacent organs other than the gallbladder or with perforation of visceral peritoneum

#### Regional Lymph Nodes (N)

- NX Regional lymph nodes cannot be assessed
- N0 No regional lymph node metastasis
- N1 Regional lymph node metastasis

#### Distant Metastasis (M)

- MX Distant metastasis cannot be assessed
- M0 No distant metastasis
- M1 Distant metastasis

Stage Grouping				
Stage I	T1	N0	M0	
Stage II	T2	N0	M0	
Stage IIIA	Т3	N0	M0	
IIIB	T4	N0	M0	
IIIC	Any T	N1	M0	
Stage IV	Any T	Any N	M1	

#### Histologic Grade (G)

- **GX** Grade cannot be assessed
- G1 Well differentiated
- G2 Moderately differentiated
- G3 Poorly differentiated
- **G4** Undifferentiated

#### Fibrosis Score (F)

The fibrosis score as defined by Ishak is recommended because of its prognostic value in overall survival. This scoring system uses a 0-6 scale.

- **F0** Fibrosis score 0-4 (none to moderate fibrosis)
- F1 Fibrosis score 5-6 (severe fibrosis or cirrhosis)

\*Used with the permission of the American Joint Committee on Cancer (AJCC), Chicago, Illinois. The original and primary source for this information is the *AJCC Cancer Staging Manual, Sixth edition* (2002) published by Springer-Verlag New York. (For more information, visit <u>www.cancerstaging.net</u>.) Any citation or quotation of this material must be credited to the AJCC as its primary source. The inclusion of this information herein does not authorize any reuse or further distribution without the expressed written permission of Springer-Verlag New York on behalf of the AJCC.

Table 2	Stage Grouping			
American Joint Committee on Cancer (AJCC) TNM Staging for	Stage 0	Tis	N0	M0
Gallbladder Cancer*	Stage IA	T1	N0	M0
	Stage IB	T2	N0	M0
Primary Tumor (T)	Stage IIA	Т3	N0	M0
<b>TX</b> Primary tumor cannot be assessed	Stage IIB	T1	N1	M0
T0 No evidence of primary tumor		T2	N1	M0
Tis Carcinoma <i>in situ</i>		Т3	N1	M0
T1 Tumor invades lamina propria or muscle layer	Stage III	Τ4	Any N	M0

- T1a Tumor invades lamina propria
- T1b Tumor invades muscle layer
- **T2** Tumor invades perimuscular connective tissue; no extension beyond serosa or into liver
- T3 Tumor perforates the serosa (visceral peritoneum) and/or directly invades the liver and/or one other adjacent organ or structure, such as the stomach, duodenum, colon, pancreas, omentum, or extrahepatic bile ducts
- **T4** Tumor invades main portal vein or hepatic artery or invades multiple extrahepatic organs or structures

#### Regional Lymph Nodes (N)

- NX Regional lymph nodes cannot be assessed
- N0 No regional lymph node metastasis
- N1 Regional lymph node metastasis

#### **Distant Metastasis (M)**

- MX Distant metastasis cannot be assessed
- M0 No distant metastasis
- M1 Distant metastasis

Histo	loaic	Grade	(G)
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Stage IV

GX Grade cannot be assessed

Anv T

Any N

M1

- G1 Well differentiated
- G2 Moderately differentiated
- G3 Poorly differentiated
- G4 Undifferentiated

\*Used with the permission of the American Joint Committee on Cancer (AJCC), Chicago, Illinois. The original and primary source for this information is the *AJCC Cancer Staging Manual, Sixth edition* (2002) published by Springer-Verlag New York. (For more information, visit <u>www.cancerstaging.net</u>.) Any citation or quotation of this material must be credited to the AJCC as its primary source. The inclusion of this information herein does not authorize any reuse or further distribution without the expressed written permission of Springer-Verlag New York on behalf of the AJCC.

# Table 3Stage GroupingAmerican Joint Committee on Cancer (AJCC) TNM Staging for<br/>Extrahepatic Bile Duct Tumors\*Stage 0TisN0M0Stage IAT1N0M0Stage IBT2N0M0

#### Primary Tumor (T)

- TX Primary tumor cannot be assessed
- T0 No evidence of primary tumor
- Tis Carcinoma in situ
- T1 Tumor confined to the bile duct histologically
- T2 Tumor invades beyond the wall of the bile duct
- **T3** Tumor invades the liver, gallbladder, pancreas, and/or ipsilateral branches of the portal vein (right or left) or hepatic artery (right or left)
- **T4** Tumor invades any of the following: main portal vein or its branches bilaterally, common hepatic artery, or other adjacent structures, such as the colon, stomach, duodenum, or abdominal wall

#### **Regional Lymph Nodes (N)**

- NX Regional lymph nodes cannot be assessed
- N0 No regional lymph node metastasis
- N1 Regional lymph node metastasis

#### Distant Metastasis (M)

- MX Distant metastasis cannot be assessed
- M0 No distant metastasis
- M1 Distant metastasis

Stage Grouping					
Stage 0	Tis	N0	M0		
Stage IA	T1	N0	M0		
Stage IB	T2	N0	M0		
Stage IIA	Т3	N0	M0		
Stage IIB	T1	N1	M0		
	T2	N1	M0		
	Т3	N1	M0		
Stage III	T4	Any N	M0		
Stage IV	Any T	Any N	M1		

#### Histologic Grade (G)

- GX Grade cannot be assessed
- G1 Well differentiated
- G2 Moderately differentiated
- G3 Poorly differentiated
- G4 Undifferentiated

\*Used with the permission of the American Joint Committee on Cancer (AJCC), Chicago, Illinois. The original and primary source for this information is the *AJCC Cancer Staging Manual, Sixth edition* (2002) published by Springer-Verlag New York. (For more information, visit <u>www.cancerstaging.net</u>.) Any citation or quotation of this material must be credited to the AJCC as its primary source. The inclusion of this information herein does not authorize any reuse or further distribution without the expressed written permission of Springer-Verlag New York on behalf of the AJCC. **Manuscript** This manuscript is being updated to correspond with the newly **updated** algorithm. Last update 06/01/06

**Practice Guidelines** 

#### NCCN Categories of Evidence and Consensus

Category 1: There is uniform NCCN consensus, based on high-level evidence, that the recommendation is appropriate.

Category 2A: There is uniform NCCN consensus, based on lowerlevel evidence including clinical experience, that the recommendation is appropriate.

Category 2B: There is nonuniform NCCN consensus (but no major disagreement), based on lower-level evidence including clinical experience, that the recommendation is appropriate.

Category 3: There is major NCCN disagreement that the recommendation is appropriate.

All recommendations are category 2A unless otherwise noted.

#### **Overview**

Hepatobiliary cancers are both common and highly lethal worldwide. Hepatocellular carcinoma is the most common of the hepatobiliary malignancies.<sup>1,2</sup> However, in the United States, the incidence of hepatobiliary cancer is relatively low, with approximately 25,030 patients estimated to be diagnosed in 2005.<sup>3</sup> The incidence of hepatocellular carcinoma is increasing probably because of the current epidemic of hepatitis C in the United States (1.8% of population).<sup>4</sup> Along with summaries of the NCCN algorithm for the subtypes of hepatobiliary cancer, this manuscript includes a brief discussion of the epidemiology, pathology, etiology, staging, diagnosis, and treatment of each subtype as well as recommended readings. By definition, the NCCN practice guidelines cannot incorporate all possible

clinical variations and are not intended to replace good clinical judgment or individualization of treatments. Exceptions to the rule were discussed among the members of the panel during the process of developing these guidelines. A 5% rule (omitting clinical scenarios that comprise less than 5% of all cases) was used to eliminate uncommon clinical occurrences or conditions from these guidelines.

Pathology synoptic reports (protocols) are useful for reporting results from examinations of surgical specimens; these reports assist pathologists in providing clinically useful and relevant information. The NCCN Hepatobiliary Cancers Panel is in favor of pathology synoptic reports from the College of American Pathologists (CAP). The CAP protocol information can be accessed at: http://www.cap.org/apps/docs/cancer protocols/protocols index.html

On January 1, 2004, the Commission on Cancer (COC) of the American College of Surgeons mandated the use of specific checklist elements of the protocols as part of its Cancer Program Standards for Approved Cancer Programs. Therefore, pathologists should familiarize themselves with these documents. The CAP protocols comply with the COC requirements.

#### Hepatocellular Carcinoma

#### **Epidemiology and Risk Factors**

Hepatocellular carcinoma is the seventh most common cancer in the world and the most common cancer diagnosed in men, with a malefemale ratio of 7:1 in high-incidence regions, such as China and Korea.<sup>5,6</sup> The mean age at diagnosis worldwide is between 50 and 60 years.

The incidence of hepatocellular carcinoma has been increasing in the United States mainly because of the rising incidence of hepatitis C.<sup>14,7,8</sup> Currently, 3 to 4 million persons are infected with hepatitis C; it is estimated that 5% to 30% of these patients will develop chronic liver disease and of these, 30% will progress to cirrhosis. Once patients develop cirrhosis, the risk of hepatocellular carcinoma is 1% to 2% per year. Over the next 20 years, the number of patients with hepatitis C virus who progress to cirrhosis will double. Most patients who develop hepatocellular cancer in association with chronic hepatitis C virus infection have biopsy-proven cirrhosis or severe active hepatitis.<sup>9</sup> The latency period between hepatitis B or C exposure and the development of hepatocellular cancer varies between 30 and 50 years. A recent report indicates that the pathogenetic mechanism of hepatocarcinogenesis may differ between hepatitis B--associated and hepatitis C--associated hepatocellular carcinoma.<sup>10</sup> Chronic alcohol use by patients with hepatitis C may decrease the latency period between exposure and the development of cancer.<sup>11</sup>

Geographic variations exist for hepatitis; this fact suggests differences in the severity of cirrhosis and the development of hepatocellular cancer. Hepatocellular cancer incidence also varies geographically, secondary to exposure to carcinogens, including aflatoxin B1, which is an important natural chemical product of the Aspergillus fungus found in various grains.

#### **Diagnosis and Initial Workup**

Hepatocellular cancer typically produces nonspecific symptoms such as jaundice, anorexia, weight loss, malaise, and upper abdominal pain. Paraneoplastic syndromes also occur and include hypercholesterolemia, erythrocytosis, hypercalcemia, and hypoglycemia.

The level of alpha-fetoprotein (AFP) is elevated in approximately 60% to 90% of patients with hepatocellular cancer and varies by

geographic distribution. The highest percentage of AFP-secreting tumors is found in Asia. Proposed surveillance for the early detection of hepatocellular carcinoma among high-risk populations includes liver ultrasonography every 3 to 6 months and evaluation of alkaline phosphatase, albumin, and AFP.<sup>12-14</sup> It is not yet clear if early detection of hepatocellular cancer with routine screening improves the percentage of patients detected with disease at a potentially curative stage, but high-risk chronic hepatitis C virus--infected patients should be considered for ongoing recurrent screening until these issues have been resolved.

For patients with a rising AFP level but with negative liver imaging studies, screening should continue every 3 months. For patients with a suspicious mass, the evaluation should include a history and physical examination, complete blood count (CBC) and platelets, hepatitis screening, liver chemistries, prothrombin, albumin, protein, blood urea nitrogen (BUN), creatinine, lactate dehydrogenase (LDH), and chest radiograph. Computed tomography (CT) or magnetic resonance imaging (MRI) should be performed to better define the extent and number of primary lesions, vascular anatomy, vessel involvement, involvement with tumor, and extrahepatic disease.<sup>15</sup> Helical CT or MRI should include early arterial phase enhancement.

The level of des-gamma-carboxy prothrombin protein induced by vitamin K absence (PIVKA-II) is also increased in many patients with hepatocellular carcinoma. However, as is true with AFP, PIVKA-II may be elevated in patients with chronic hepatitis. Initial findings of tumor and liver function, such as the Child-Pugh score and whether there is evidence of metastatic disease, are important management issues. A recent study found that preoperative serum C-reactive protein (CRP) levels can predict early recurrence and poor

prognosis in patients with hepatocellular cancer who undergo resection. Of patients in the CRP-positive group, 75% had recurrence 1 year after surgery.<sup>16</sup>

**Practice Guidelines** 

in Oncology - v.2.2008

#### Pathology and Staging

As described by Eggel's classification, hepatocellular carcinoma includes nodular, massive, and diffuse types. Histologic examination reveals trabecular, pseudoglandular or acinar, compact, scirrhous, clear cell, and fibrolamellar types. The fibrolamellar variant is associated with a better prognosis, is not associated with cirrhosis, and may be resectable more often.

The sixth edition of the AJCC (American Joint Committee on Cancer) Cancer Staging Manual presents a new simplified classification for hepatocellular cancer (see <u>Table 1</u>), which is identical to the UICC (the Union Internationale Contre le Cancer) staging system.<sup>17</sup> Based on a recent international multicenter study,<sup>18</sup> the new AJCC/UICC staging accounts for the presence or absence of severe fibrosis/cirrhosis because of its significant value on prognosis. It is useful in predicting prognosis after resection.

Other scoring systems based on clinical and radiographic factors are more applicable to predicting prognosis of patients with unresectable disease. These include the CLIP (Cancer of the Liver Italian Program), the Okuda, and the BLCL (Barcelona Clinic Liver Cancer) scoring systems.<sup>19</sup> The CLIP score has been prospectively validated and is currently the most commonly used staging system for unresectable hepatocellular carcinoma associated with liver disease.<sup>20</sup>

#### Management

**Surgical Assessment and Evaluation.** Surgery, including transplantation, remains the only curative modality for hepatocellular

cancer.<sup>21-24</sup> Presurgical assessment may require additional imaging to rule out metastatic disease and to better assess the extent of intrahepatic disease. Determination of liver reserve and comorbid conditions are essential in the assessment of potential surgical candidates.

Biopsy can be considered for patients with potentially resectable, operable disease who have (1) an AFP of less than 400 ng/mL and are negative for hepatitis B surface antigen, or (2) for those who have an AFP of less than 4000 ng/mL and are positive for hepatitis B surface antigen. Alternatively, surgical evaluation is an appropriate strategy, which includes a discussion of surgical treatment with the patient and determination of whether the patient is amenable to surgery. As mentioned, the presence of hepatitis can increase AFP in the absence of hepatocellular cancer. For selected low-risk patients with hepatitis C who have completely resected tumors and good performance status, interferon-based therapy or antiviral therapy may be considered.<sup>8</sup>

The treatment of choice for noncirrhotic patients is surgical resection whenever possible.<sup>25</sup> Resection of liver tumors in the cirrhotic patient is more controversial.<sup>26</sup> The best indication for resection is in cirrhotic patients with small peripheral lesions and preserved liver function (Child-Pugh class A. Treatment paradigms have been developed that include Child-Pugh classification, fibrosis score, and the determination of the future liver remnant (ie, the amount of the remaining viable liver after resection) to determine the safety of resectability. If deemed unsafe for resection, small hepatocellular carcinoma tumors are treated with ablation or liver transplantation.<sup>1</sup>

The Child-Pugh classification may be inaccurate in truly assessing the risk of postresection liver failure in cirrhotic patients with hepatocellular carcinoma.<sup>27</sup> The hepatic venous pressure gradient (HVPG) may be a useful measurement of potential hepatic decompensation in patients with cirrhosis after resection of hepatocellular cancer.<sup>27</sup> Several other tests (including galactose elimination, aminopyrine clearance, and lidocaine metabolite [MEGX] clearance) can be combined with the HVPG and with CT volumetry to calculate the percentage of liver that will be resected as well as the liver remnant (which is termed *functional liver reserve*).<sup>28</sup>

A recent multicenter study compared the clinicopathologic characteristics and outcomes in patients with hepatocellular carcinoma who were treated with surgical resection in the United States, France, and Japan. Despite the significant difference among the three patient populations in the median tumor size and underlying liver damage (such as hepatitis C serology and severe fibrosis/cirrhosis in the adjacent liver), the post-resection 5-year survival of patients was not statistically different among the United States, France, and Japan (31% versus 31% versus 41%, respectively; P = .3).<sup>29</sup> A recent survey in Japan found that operative mortality was 0.9% and the 5-year survival rate after surgery was 52%.<sup>30</sup> However, future studies using uniform criteria on histopathologic differences are needed to allow better comparison of results.<sup>29</sup>

Portal vein embolization (PVE) has been used to induce hypertrophy of the anticipated liver remnant after a major hepatic resection.<sup>31</sup> PVE is safe (< 5% complication rate), causes little periportal reaction and fibrosis that would be problematic during a hepatic resection, and produces durable portal vein occlusion.<sup>32</sup> In cirrhotic patients or patients with chronic liver disease, PVE decreases the incidence of postoperative complications, length of total hospital stay, and incidence of liver dysfunction. The selective use of PVE may enable safe and potentially curative hepatic resection, including extended hepatectomy when necessary, in a subset of patients with cirrhosis and hepatocellular cancer who would have otherwise been marginal candidates for resection based on their chronic liver disease.

In liver transplantation recipients, 5-year survival has been reported to be as high as 75%, which exceeds survival after resection or ablation.<sup>33</sup> The United Network for Organ Sharing (UNOS) criteria for liver transplant include patients who are not candidates for resection who have (1) a single tumor that is 5 cm or less in diameter, or who have 2 to 3 tumors, each 3 cm or less in diameter; (2) no macrovascular invasion; and (3) no extrahepatic spread to surrounding lymph nodes, lungs, abdominal organs, or bone.<sup>34</sup> Liver transplantation is an option for the cirrhotic patient with hepatocellular carcinoma who will not tolerate liver resection and fulfills current UNOS criteria. Recent reports have suggested that patients with tumor size up to 6.5 cm may result in comparable outcomes after transplantation.<sup>35</sup> The model for end-stage liver disease (MELD) allocation system was designed to give priority status for the sickest patients to receive livers and does not appear to compromise survival.<sup>36</sup>

The single uniform negative prognostic finding for transplantation is histopathologic evidence of vascular invasion.<sup>37</sup> There are conflicting data regarding the role of ablative or resection therapy as a bridge to transplantation, although percutaneous radiofrequency ablation appears useful.<sup>38,39</sup> The major limit to transplantation is the lack of donor organs. Living donor liver transplantation is being performed with greater frequency in the United States with results similar to those individuals undergoing cadaveric donor transplantation.<sup>40</sup>

Patients With Unresectable and Inoperable Disease or Those Who Decline Surgery. Alternative therapies for patients with unresectable disease or those who decline surgery include clinical trial, ablative therapy (eg, radiofrequency, alcohol, cryotherapy, microwave), chemoembolization, chemotherapy plus radiation in a clinical trial, conformal radiation, radiotherapeutic microspheres, supportive care, and systemic or intra-arterial chemotherapy in a clinical trial.<sup>41-56</sup>

Patients with inoperable disease are those who should not undergo surgery because of performance status, comorbidity, or extent of liver disease. Options for patients with cancer-related symptoms include clinical trial, ablative therapy (eg, radiofrequency alcohol, cryotherapy, microwave), chemoembolization (contraindicated in cases of main portal thrombosis or Child-Pugh class C score), conformal or stereotactic radiation, radiotherapeutic microspheres, and supportive care. Chemoembolization, ablation, and conformal or stereotactic radiotherapy have produced local control in some patients. All of these modalities have limitations, such as the size and number of lesions, potential toxicities, and a guestionable effect on long-term survival. For patients without cancer-related symptoms, options include participation in a clinical trial or ablation of small-volume disease. Patients with metastatic disease may be offered supportive care or therapy as part of a clinical trial. Unfortunately, there is no proven advantage of single-agent or combination chemotherapy in these patients.

#### Surveillance

Follow-up consists of imaging studies every 3 to 6 months for 2 years, then annually; AFP levels, if initially elevated, can be measured every 3 months for 2 years, then every 6 months. If the patient's disease progresses, the initial workup guidelines should be consulted again.

#### Gallbladder Cancer

#### **Epidemiology and Risk Factors**

Gallbladder cancer is the most common of the biliary tract malignancies, accounting for approximately 5000 newly diagnosed cases in the United States.<sup>2</sup> Gallbladder carcinoma is diagnosed most frequently in individuals between ages 70 and 75 years and shows a 3:1 predilection for women over men.<sup>57-60</sup> Worldwide, the highest prevalence of gallbladder cancer is seen in Israel, Mexico, Chile, Japan, and among Native American women, particularly those living in New Mexico.<sup>4</sup>

The greatest risk factor for the development of gallbladder cancer is the presence of gallstones, in particular those associated with chronic cholecystitis. Other risks include the presence of a calcified gallbladder (porcelain gallbladder), gallbladder polyps, typhoid carriers, and carcinogens (eg, azotoluene, nitrosamines).<sup>61</sup>

#### **Diagnosis and Initial Workup**

Unfortunately, most gallbladder cancers are diagnosed at advanced stages when the tumor is unresectable. Patients often present with nonspecific symptoms, such as abdominal pain, weight loss, anorexia, nausea, acute cholecystitis, and jaundice. Up to 20% of cancers are diagnosed incidentally at the time of gallbladder surgery. No specific laboratory or marker tests are available to assist in making the diagnosis.

A suspicious mass detected on ultrasound should warrant further evaluation, including CT or MRI, liver function tests, chest radiograph, and staging laparoscopy. Laparoscopy can be done in conjunction with surgery if no distant metastasis is found. If a polypoid mass is seen on ultrasound, the cholecystectomy should be performed by a surgeon who is prepared to do a cancer operation. For patients presenting with jaundice, additional workup should include endoscopic retrograde cholangiopancreatography, percutaneous transhepatic cholangiography, or magnetic resonance (MR) cholangiography.

#### **Pathology and Staging**

Most gallbladder cancers are adenocarcinomas. Histologic subtypes include papillary, nodular, and tubular variations. The best prognosis is seen in individuals with well-differentiated cancers and associated metaplasia discovered incidentally. In addition, papillary tumors are often less invasive.

The AJCC has developed staging criteria for gallbladder cancer (see <u>Table 2</u>). Although other staging classifications have been used, no single staging system encompasses all of the components of gallbladder cancer, including pathology.

#### Management

**Surgical Assessment and Evaluation**. As is true for all hepatobiliary cancers, surgery remains the only curative modality for gallbladder cancer. The algorithm distinguishes between patients (1) in whom cancer is found incidentally at surgery or on pathologic review; and (2) those who exhibit a mass on ultrasound, present with jaundice, or present with metastases. Within these groups (except for metastases), the algorithm differentiates between those with resectable disease and those with unresectable disease.

Patients who present with an incidental finding of cancer at surgery and are deemed resectable may be treated with cholecystectomy, en bloc hepatic resection, and lymphadenectomy with or without bile duct excision. This approach may improve overall survival. A similar approach is appropriate for patients who present with a mass on ultrasound or with jaundice, surgery is recommended if the mass is deemed resectable after more extensive evaluation. For patients with mass on imaging, this evaluation includes CT or MRI, liver function tests, chest radiograph, surgical consultation, and assessment of hepatic reserve. For patients with jaundice, this evaluation includes CT or MRI, liver function tests, chest radiograph, surgical consultation, and endoscopic retrograde cholangiopancreatography/percutaneous transhepatic cholangiography/MR cholangiography.

Among patients in whom gallbladder cancer is diagnosed as an incidental finding on pathologic review, those with T1a lesions may be observed if the margins were negative (which assumes the gallbladder was removed intact); if the gallbladder was not removed intact, then patients should be considered for surgery. For patients with T1b or greater lesions, surgery is recommended for resectable lesions, after CT/MRI and chest x-ray confirm the absence of metastatic disease. If resectable, patients should receive hepatic resection and lymphadenectomy with or without bile duct excision. In addition, for those who undergo laparoscopic operations, resection of port sites should be considered because of the risk of local recurrence at these sites.

Adjuvant 5-fluorouracil (5-FU)--based chemotherapy and radiation is recommended as postoperative therapy for resectable patients, except those with T1, N0 disease. A small trial showed the 5-year survival rate was improved (64% versus 33%) in completely resected patients (21) receiving concurrent 5-FU plus external-beam radiation.<sup>62</sup> Unfortunately, because there are relatively few patients with gallbladder cancer, only one randomized phase III trial of adjuvant therapy has been conducted. This trial assessed postoperative adjuvant chemotherapy using mitomycin/5-FU; the

5-year overall survival rate was increased with adjuvant chemotherapy (26% versus 14%, P = .03) in patients with gallbladder carcinoma.63,64

**Practice Guidelines** 

Patients With Unresectable Tumor and Without Obvious Metastatic Disease. Patients with unresectable tumor, without obvious metastatic disease, and without jaundice may benefit from a regimen of 5-FU--based chemotherapy and radiation similar to the regimen used adjuvantly. However, overall survival of such patients remains poor. Because there is no definitive treatment with proven survival benefit, supportive care or enrollment in a clinical trial are appropriate options for patients with unresectable disease. A recent small study (8 patients) showed that oral capecitabine was effective for unresectable gallbladder carcinoma; 2 patients had a complete response and 50% of patients responded. The median survival time was 9.9 months.<sup>65</sup>

For jaundiced patients whose disease is unresectable after preoperative evaluation, a biopsy should be performed to confirm the diagnosis. In such patients, biliary decompression would be an appropriate palliative procedure and should be done before instituting chemotherapy (gemcitabine and/or 5-FU--based regimen). Participation in a clinical trial or supportive care is also appropriate. Biliary decompression followed by chemotherapy can result in improved quality of life.<sup>64</sup>

#### Surveillance

Follow-up consists of imaging studies every 6 months for 2 years. If the patient's disease progresses, the initial workup guidelines should be consulted again.

#### Cholangiocarcinomas

#### **Epidemiology and Risk Factors**

Although cholangiocarcinomas are diagnosed throughout the biliary tree, they are usually classified as intrahepatic or extrahepatic.<sup>58,61,66-69</sup> Intrahepatic cholangiocarcinomas have been called "peripheral carcinomas," because they arise from intrahepatic small-duct radicals. Extrahepatic cholangiocarcinomas encompass hilar carcinomas (including Klatskin's tumors) and may occur anywhere within the major hepatic ducts, in the region of the junction of the right and left hepatic ducts, and in the common hepatic and the common bile ducts (including the intrapancreatic portion of the common bile duct).

Extrahepatic cholangiocarcinomas are the most common type. Overall, most individuals with extrahepatic cholangiocarcinoma are diagnosed between ages 60 and 70 years. Incidence is equal in men and women. The worldwide distribution of cases is similar to gallbladder cancer, with the greatest incidence occurring in Israel. Japan, and among Native Americans.

Although the exact etiology of cholangiocarcinoma in the United States is often unknown, there are well-established risk factors for the development of the disease. These risk factors include hepatolithiasis (with or without infection or stasis), ulcerative colitis, sclerosing cholangitis, choledochal cysts, chemical carcinogens (eg, nitrosamines), and liver fluke infections.<sup>61</sup>

#### **Diagnosis and Initial Workup**

Most patients with cholangiocarcinoma present with jaundice. Symptoms may be nonspecific and may include weight loss, anorexia, abdominal pain, and fever. Most patients are initially evaluated with a

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complete history and physical examination, liver function studies, and CT scan or MRI. For intrahepatic cholangiocarcinomas, upper and lower endoscopy is also recommended as indicated. The evaluation for extrahepatic cholangiocarcinomas should include a delayedcontrast CT scan, endoscopic retrograde cholangiopancreatography, percutaneous transhepatic cholangiography, or MR cholangiography. For vascular assessment, an angiogram may also be needed; endoscopic ultrasound should be considered.

Early surgical consultation with a multidisciplinary team as part of the workup is recommended for assessment of resectability in both types of cholangiocarcinomas. Both carcinoembryonic assay (CEA) and CA 19-9 levels may be elevated in patients with cholangiocarcinomas. Other than an elevation in bilirubin, there are no specific laboratory parameters to assist in the diagnosis.

#### **Pathology and Staging**

Most cholangiocarcinomas are adenocarcinomas. Histologic subtypes include papillary, nodular, and sclerosing variants. An improved prognosis is associated with the papillary histology.

The AJCC has developed staging criteria for cholangiocarcinomas (see <u>Table 1</u> and <u>Table 3</u>) comparable to the UICC staging system. Other staging systems, which include the extent of invasion into blood vessels and other organs have been used, particularly in Japan. The Bismuth-Corlette classification describes the extent of biliary ductal involvement by the tumor.<sup>70</sup> Jarnagin and colleagues have developed a useful preoperative staging system for hilar cholangiocarincoma that predicts respectability, likelihood of metastatic disease, and survival.<sup>69</sup>

#### Management

Because the management of intrahepatic and extrahepatic

cholangiocarcinomas differs, separate algorithms have been created for the two types and are summarized in the next section.

**Intrahepatic Cholangiocarcinoma**. Patients who have undergone a resection (R0) of their tumor with or without ablation with negative margins may be followed up with observation, because there is no definitive adjuvant regimen to improve their overall survival. Adjuvant chemotherapy can be administered if appropriate clinical trials are available.

For individuals whose disease is resectable but who have microscopic positive margins after resection (R1 or R2), it is essential for a multidisciplinary team to review the available options on a case-by-case basis. These options might include (1) consider additional resection; (2) ablative therapy; or (3) combined radiation with or without chemotherapy using either 5-FU--based regimen or gemcitabine. As previously mentioned, no randomized clinical trials have provided definitive data to define a standard regimen. Additional chemotherapy should be considered only in the context of a clinical trial.

For patients with unresectable disease, the options include (1) supportive care; (2) ablative therapy with cryotherapy, radiofrequency, or microwave; (3) radiation with or without chemotherapy using either 5-FU--based regimen or gemcitabine; or (4) chemotherapy with either 5-FU--based regimen or gemcitabine.<sup>71</sup> For patients with metastatic disease, options include (1) supportive care; (2) clinical trials; or (3) chemotherapy with either 5-FU--based regimen or gemcitabine.

**Extrahepatic Cholangiocarcinoma**. The surgical procedures for resectable extrahepatic cholangiocarcinoma are outlined in the algorithm. Patients with disease of the proximal third of the duct

# Practice Guidelines in Oncology – v.2.2008 Hepatobiliary Cancers

should undergo hilar resection and lymphadenectomy with or without en bloc liver resection. In addition, caudate resection is strongly encouraged. For patients in whom resection is not possible because of either underlying chronic liver disease (primary sclerosing cholangitis) or bilobar extension, liver transplantation can be considered.<sup>72,73</sup>

Pancreaticoduodenectomy with lymphadenectomy is the preferred surgery for disease of the distal third of the duct. Tumors located in the mid third of the duct should be treated with major bile duct excision with lymphadenectomy. In addition, a frozen section assessment of the bile duct margins is recommended.

Patients with positive margins after resection should receive the benefit of a multidisciplinary team review; 5-FU--based chemotherapy with radiation (external-beam therapy or brachytherapy) should be considered for these patients.<sup>74</sup> Again, no randomized trials have been conducted which support a standard regimen. Similar treatments should be considered for patients with carcinoma in situ at the margins or those with positive regional nodes. Individuals with negative margins after resection or with negative regional nodes can either be observed or receive 5-FU--based chemotherapy with radiation.

Patients whose disease is deemed unresectable at the time of surgery should undergo biliary drainage using either surgical bypass or stent.<sup>75,76</sup> Given their overall poor prognosis, further options include (1) a clinical trial; (2) chemoradiation (5-FU--based chemotherapy/RT); (3) chemotherapy alone using either a 5-FU--based regimen or gemcitabine;<sup>71</sup> or (4) best supportive care. Highly selected patients may be transplant candidates (ie, patients whose cholangiocarcinomas are < 1 cm).<sup>72,73</sup>

Those with metastatic disease should undergo biliary drainage by stent placement. Further options include clinical trial, best supportive care, or chemotherapy with either 5-FU--based regimen or gemcitabine, depending on performance status.<sup>77</sup> Given the lack of clinical trial data, there is no standard regimen for these patients, although new therapies appear encouraging.<sup>78,79</sup>

#### Surveillance

Follow-up consists of imaging scans every 6 months for 2 years. If the patient's disease progresses, the initial workup information can be consulted again.

# Disclosures for the NCCN Hepatobiliary Cancers Guidelines Panel

At the beginning of each panel meeting to develop NCCN guidelines, panel members disclosed the names of companies, foundations, and/or funding agencies from which they received research support; for which they participate in speakers' bureau, advisory boards; and/or in which they have equity interest or patents. Members of the panel indicated that they have received support from the following: Adolor, Amgen, Bristol-Myers Squibb, Eli Lilly, Genentech, Genzyme, Imclone, MDS Nordion, NexCura, Novartis, Pfizer, Roche, Sanofi-Aventis, Tyco, and US Surgical. Some panel members do not accept any support from industry. The panel did not regard any potential conflicts of interest as sufficient reason to disallow participation in panel deliberations by any member.

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in Oncology - v.2.2008

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**Hepatobiliary Cancers** 

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