

Dr. Sharmishtha Patra MS, FRCOG

Gynecologist, Obstetrician &
Laparoscopic Surgeon

REAL STRUGGLES OF THE 1ST TRIMESTER



Every mom is a hero,
even in the silent battles.



Morning sickness all day



Extreme fatigue



Food aversions & cravings



Mood swings



Frequent urination



Anxiety & fear



 **87775 33629 / 98305 92982**



BH-36, Sector-2, Salt Lake, Kolkata, 700091